



QUARTER THREE REPORT

JULY-SEPTEMBER

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LIST OF ABBREVIATIONS

ASRHR Adolescents Sexual Reproductive Health and Rights

AGYWS Adolescents Girls and Young women's

APO Afyaplus Organization

DC District Council

EWB Engineers Without Borders

MHH Menstrual Health Hygiene

MHM Menstrual Hygiene Management

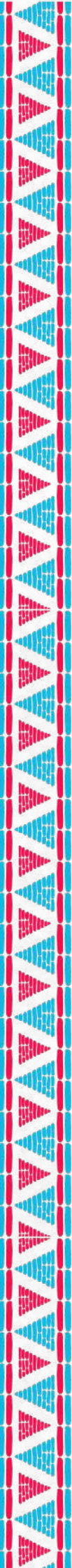
WASH Water Sanitation and Hygiene

GBV Gender Based Violence

NGOs Non Governmental Organizations

SDGs Sustainable Development Goals

VSLAs Village Saving and Loan Associations



Message from the Executive Director

Dear Partners

Receive Warm greetings from the Afyaplus team,

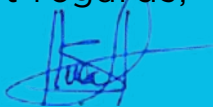
It is with great pride and excitement that I present to you our Quarter Three report, showcasing the progress we've made in advancing our mission.

This quarter, we continued our dedicated efforts toward SDG 4 (Quality Education), SDG 5 (Gender Equality), and SDG 6 (Clean Water and Sanitation). Some key highlights include:

1. The handover of two handwashing stations at Irole and Ismani Secondary Schools, bringing the total number of schools benefiting from this project to 40.
2. Conducting SWASH (School Water, Sanitation, and Hygiene) clubs in twelve schools in Iringa MC, an integral part of our educational outreach.
3. Ongoing sessions, monitoring and evaluation of the 15 Safe Pad Lab project to ensure its impact continues to benefit schools where we established reusable pad production labs.

We invite you to explore the full report for more detailed insights into our achievements. Thank you for your continued support as we move forward into another quarter, focused on improving WASH and empowering adolescent girls and young women.

Best regards,



SUZAN YUMBE
EXECUTIVE DIRECTOR



ABOUT AFYAPLUS ORGANIZATION

AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women. The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, poor hygienic practices, Nutrition and empowerments adolescent girls and young women in a community.

Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation, hygiene services, Nutrition and empowerment of adolescents girls and young women through engaging relevant stakeholders.

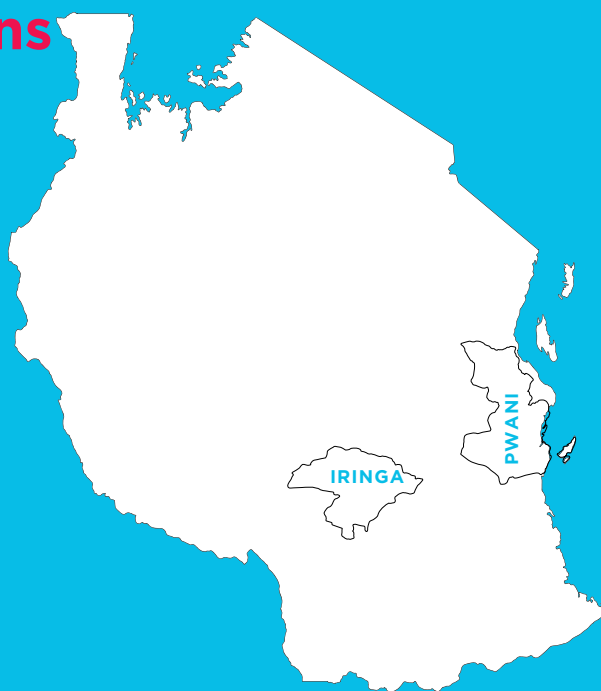
Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation, hygiene and nutrition services; and where adolescent girls and young women are empowered.

Our areas of interventions

We operate in the Iringa and Pwani regions, specifically within the following councils:

- Iringa Municipal Council
- Iringa District Council
- Kilolo District Council
- Mafinga Town Council
- Mkuranga District Council



STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Afyaplus Organizational Capacity Improved.



Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.



GOAL 1: WATER, SANITATION, AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITIES

The ultimate objective of the Afyaplus Organization's development plan, is to enhance WASH services in communities and schools so that children and their families can live in long-term strength and comfort, has been persistently advanced. Through focused efforts centered on the prevention and control of diseases associated to WASH, the organization seeks to enhance health outcomes, educational attainment, and gender equality in a way that is sustainable. The organization works toward two Sustainable Development Goals: Goal 6 (ensuring that everyone has access to water and sanitation by 2030) and Goal 4 (quality education).



Even while access to clean water and sanitary facilities is widely acknowledged as a fundamental human right, many people still lack these resources. Tanzania's national policies place a strong emphasis on ensuring that all citizens have equitable access to high-quality WASH (Water, Sanitation, and Hygiene) services, and the country's constitution recognizes the human right to water and sanitation (UNICEF WASH Report 2020). But inadequate hygiene and sanitation practices are still common, which increases the risk of avoidable diseases like cholera, which often results in severe diarrhea and dehydration.



A: THE SAFE PAD LAB PROJECT

The Safe Pad Lab Project, a three-year project in 52 schools across four councils Iringa MC, Iringa DC, Kilolo DC, and Mafinga TC is being carried out by the Afyaplus organization with funding from the Malala Fund. By implementing various interventions, including capacity-building workshops on how to make reusable sanitary pads and awareness campaigns on MHH and ASRHR, the project aims to remove obstacles that schoolgirls face during their periods. Reusable sanitary pad laboratories have been established in 15 schools throughout the Iringa region. We are grateful that the Afyaplus team and other relevant parties are still carrying out the safe pad lab project in all four of the Iringa region's districts.



A student from JJ Muungai Primary School practices sewing reusable sanitary pads during the training session.



ACTIVITIES AND ACHIEVEMENTS

Session on making reusable sanitary pads

In this reporting quarter, Afyaplus continued with sessions on making reusable sanitary pads in 07 schools, where students were equipped with a variety of skills required to efficiently create reusable sanitary pads, including technical sewing skills, fabric handling, stitching, cutting, and pattern-making. Along with these skills, students learned about different types of materials, their qualities, and how to select the best fabric for manufacturing reusable sanitary pads.



Students at Ilula Secondary School and in Kilolo DC attentively participate in sewing reusable sanitary pads.

Monitoring the progress of safe pad labs established

Furthermore, in this reporting period, the Afyaplus team has managed to conduct follow-ups on the 14 established safe pad laboratories to see the project's progress and its impacts on the students. It was discovered that the five schools that completed their sessions are now producing their pads and distributing them to school girls. So far 120 pads have been produced and distributed to 89 school girls. During these workshops, A form four student from Mawelewele secondary school shared her story, highlighting the difficulties girls face in staying in school during their menstrual period due to the lack of money to buy sanitary pads every month.





She explained that without proper menstrual products, girls often decide to stay home, missing three to five days of classes, due to shame and hence leading to disruption in their education. However, with the skills acquired on how to make reusable pads, and easily accessibility of it from our

Safe Pad Lab now these challenges will become a thing of the past. The student expressed confidence that she will now feel safe and free to attend school even during her period, as she will be adequately covered. This project not only addresses a critical health need but also ensures that girls can continue their education without interruption, contributing to a more inclusive and supportive school environment.

The Safe Pad Lab Project has reached 35,000 schoolgirls, surpassing its initial goal of 30,600. Operating primarily in Iringa, we have successfully implemented our menstrual initiatives in 62 schools. Empowerment begins with education, and our efforts focus on breaking the stigma around menstruation, advocating for accessible facilities, and providing affordable menstrual products.



B. WATER IN SCHOOLS PROJECT

The Water in School project, organized by the Afyaplus organization, is an important initiative aiming at improving the health of 24,208 schoolchildren, teachers, and staff in the Iringa region. The project focuses on two major components that correlate with Sustainable Development Goals 4 (Quality Education) and 6 (Clean Water and Sanitation), respectively. First, the installment of Hand Washing Stations in schools encourages regular hand hygiene, considerably lowering the spread of waterborne infections. Second, Sanitation and Hygiene Education provided to students in order to provide them with skills in appropriate sanitation and hygiene practices, as well as to empower students and staff with the knowledge needed to keep the environment clean and safe.

Through these efforts, the Water in School project not only improves access to clean water and sanitation but also promotes a healthier school community, Thus contributing to better educational outcomes and overall well-being.



A student at Saba Saba Primary School in Iringa MC enjoying access to clean water, using the handwashing station installed by Afyaplus at their school to promote better hygiene practices.





Hand washing with soap can lower the risk of respiratory infections by as much as 16%, according to a 2021 CDC analysis. Given this, the Afyaplus is dedicated to promote hygienic habits by building sanitation facilities at educational institutions. Students will be able to regularly wash their hands thanks to these facilities, which will greatly reduce the risk of infections and illnesses linked to water, sanitation, and hygiene (WASH).

The program promotes these healthful behaviors, which improves student well-being and makes the school environment healthier as a whole

In the third quarter of 2024, the Afyaplus organization successfully handed over two hand-washing stations at Irole Secondary School in Kilolo DC, and Isimani Secondary School in Iringa MC. The hand washing facility. Each station has eight water taps upon completion. The aim is to provide students with readily available and accessible handwashing stations, promoting regular handwashing and reducing the spread of germs and diseases.



The station will comprise 8 water taps per water facility that will be used by students and benefit a total of 1748 students (1035 girls and 713 boys).



The establishment of hand-washing facilities in schools is a critical public health aspect, particularly in the context of infectious disease prevention. The completion of these facilities in two additional schools will bring the total number of schools reached by this project to 40, thereby serving a significant population of students 24,208 in total, which includes 12,995 girls and 11,213 boys.



A student at Ilore Secondary School in Kilolo District happily using the newly built handwashing station, benefiting from improved access to water and better hygiene practices through the water facility provided by Afyaplus

Investing in sanitation facilities not only addresses immediate health concerns but also promotes long-term behavioral changes regarding hygiene practices among young individuals. As these children grow into adults who prioritize hygiene, they contribute positively to community health standards. Establishing hand-washing facilities in schools plays a vital role in promoting health among students and staff alike while significantly reducing the spread of infectious diseases within educational settings.



ACTIVITIES AND ACHIEVEMENTS

Hands over of the completed hands washing facility to Two secondary school in Iringa



After the completion of the hand-washing facilities, the Afyaplus team collaborated with the representatives from the local governments including administrators from schools, health representatives, and community members to properly

hand over the completed hand-washing facility so that the students (girls and boys) and other school staff such as teachers and other workers at school may use the hands washing facility.



Handwashing station handover: On the left, Ilore Secondary School, and on the right, Ismani Secondary School in Iringa District Council. The handover was conducted in collaboration with the school management, education commissioners from Kilolo District, and local leaders from Irole village.

In parallel with the construction, we educate on the awareness of water sanitation and hygiene to school students (boys and girls), school teachers, and parents about proper hand washing techniques. These sessions emphasize the importance of hand hygiene in preventing diseases related to improper hygiene, and other communicable illnesses. Engaging students through demonstrations can enhance their understanding and encourage consistent practice



01. Irole secondary school.

The newly constructed handwashing facility at Irole Secondary School is designed to serve a total of 681 students, including 370 girls and 311 boys. This initiative not only provides students with access to essential hygiene resources but also includes educational components. Students are taught the proper techniques for handwashing and the importance of maintaining general cleanliness both at school and outside of it. By instilling these practices, the program aims to foster lifelong habits that contribute to better health and hygiene within the school community



A student at Irole Secondary School using the newly installed handwashing station built by Afyaplus, promoting better hygiene in their school.

Promoting good hygiene practices in schools can have a significant impact on public health outcomes. By teaching students proper hygiene habits early on, schools contribute to reducing the spread of infectious diseases, improving overall well-being, and fostering a culture of cleanliness because schoolchildren will carry and share the acquired knowledge with their families and the community as a whole.



02. Isimani Secondary School

Hand washing is a critical practice for maintaining hygiene and preventing the spread of infectious diseases, especially in school environments where students are in close contact with one another. The newly constructed hand washing facility at Isimani Secondary School serves a total student population of 1067, which includes 724 girls and 343 boys. This initiative not only provides the necessary infrastructure for hand hygiene but also emphasizes the importance of proper hand washing techniques



A student at Isimani Secondary School demonstrates the correct handwashing technique, showcasing smooth and effective hand hygiene practices.

After handing over the facilities, ongoing monitoring is essential to ensure that they are used effectively and maintained properly. Regular evaluations can help identify any issues that arise with water supply or facility usage while providing an opportunity for further training if necessary.



Afyaplus SWASH Clubs in 12 Schools

Afyaplus has effectively maintained Afyaplus SWASH (school, water, sanitation, and hygiene) clubs in twelve different primary and secondary schools within the Iringa Municipal Council. These platforms aim to create permanent habits and promote a clean culture. By concentrating on many schools, we hope to increase our impact and provide youth with essential information on sanitation and hygiene practices.



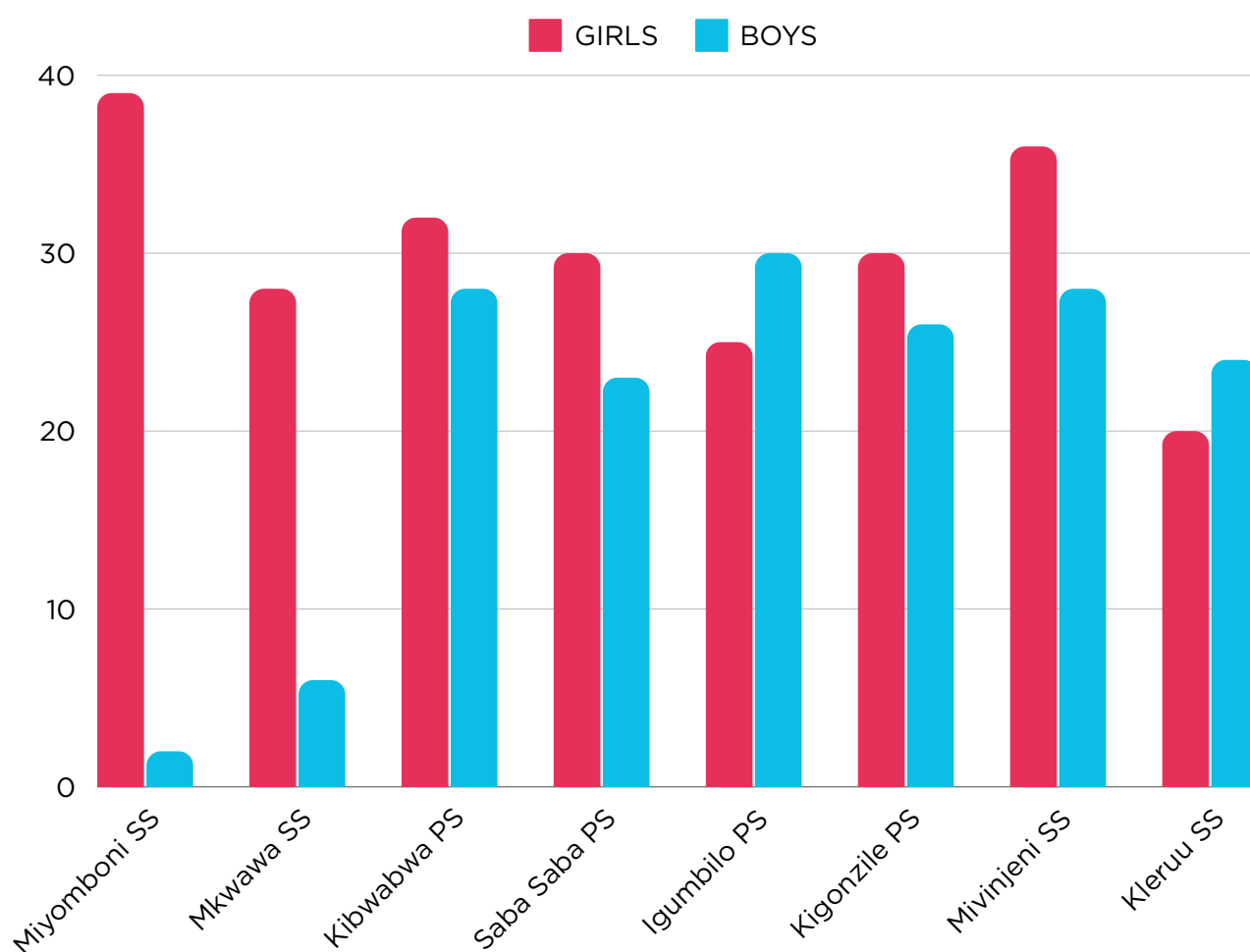
Ongoing SWASH Club sessions at Ipogolo Secondary School in Iringa MC, where students actively share their views on improving hygiene practices.

The objectives of SWASH Clubs include: Education on Hygiene Practices, Students learn about proper handwashing techniques, the significance of using clean water for drinking and cooking, and the importance of sanitation facilities. Disease Prevention, by understanding the link between hygiene practices and health outcomes, students can mitigate risks associated with poor sanitation. This includes preventing outbreaks of waterborne diseases such as cholera, dysentery, and other hygiene-related illnesses. The clubs encourage students to engage with their families and communities by sharing what they learn about hygiene practices, thus promoting a culture of health awareness.



Number of students reached in SWASH Clubs sessions

The SWASH (School Water, Sanitation, and Hygiene) clubs were established in a total of 12 schools, comprising 6 primary schools and 6 secondary schools. The primary schools involved are Kigonzi, Ukombozi, Igereke, Mtwivila, Igumbilo, and Kibwabwa. The secondary schools include Mkwawa, Mivinjeni, Miyomboni, Kleruu, Ipogolo, and Mtwivila. From the establishment of these SWASH clubs across the aforementioned schools, a total of 460 students participated in sanitation and hygiene sessions. This participation included 373 girls and 87 boys. The gender distribution indicates a significant majority of girls students involved in these sessions.



Through the SWASH Clubs students were capacitated in the following; The best use of water, The Importance of hygiene at school, Diseases caused by dirt, Times to Wash Hands, Correct Steps to Wash Hands, Cleanliness of toilets, Starting environmental projects, Visiting water sources, Plays/ Games/ Environmental mapping



Organization Capacity Building

The Afyaplus team successfully conducted a comprehensive capacity-building training focused on resource mobilization, proposal writing, and impact report writing. This important session brought together the Afyaplus management team and community-based trainers, reinforcing their skills and commitment to the organization's mission.



The Afyaplus team actively participating in a resource mobilization training workshop aimed at building staff capacity.

By enhancing their abilities to secure resources and effectively communicate their impact, the training equips the team to better promote sustainable development and health within our communities. This investment in capacity building is a crucial step toward advancing Afyaplus's goals and ensuring long-term success.



DIGITAL OPPORTUNITY TRUST VISIT AFYAPLUS



Afyaplus had the privilege of welcoming Sekela Yona, a gender and project officer, and Denish Otieno, a partnership lead, from Digital Opportunity Trust (DOT) Tanzania on August 28. Exploring possible future cooperation

and exchanging thoughts and experiences from our community projects was made possible by the visit. We were especially moved by their efforts to provide marginalized youth with opportunities in an inclusive digital economy. We deeply appreciate their support and enjoyed having them visit. We look forward to welcoming them again and continuing our joint efforts to create a positive impact. Together, we can achieve even more.



Afyaplus Program Manager engaging in a discussion with representatives from Digital Opportunity Trust (DOT) during their visit to Afyaplus.



Key Highlights of the Visit:

Exploration of Collaboration: The discussions centered on identifying ways to work together on community projects aimed at empowering marginalized youth.

Sharing Insights and Experiences: Both organizations exchanged valuable insights and experiences related to their respective initiatives, enriching their understanding of challenges and successes.

Focus on Inclusive Digital Economy: The conversations emphasized the importance of integrating marginalized youth into the digital economy, ensuring they have access to opportunities that can enhance their livelihoods.



The afyaplus staff on the photos with the representatives from DOT after an deep brief about Going beyond project partnership expectation at the Afyaplus organization heads office Gangilonga Iringa



NGO ANNUAL MEETING FORUM

Afyaplus participated in two forums for non-governmental organizations (NGOs). The first event was the District-level Annual NGO's forum, which took place at Siasa ni Kilimo Hall. This forum typically serves as a platform for local NGOs to discuss their activities, share experiences on community development initiatives. Also includes presentations from various organizations, discussions on challenges faced by NGOs in the region, and opportunities for networking among stakeholders.



Afyaplus Staff Mr. Emmanuel Gilbert sharing views on Annual NGO forum meeting in Iringa Regional Commissioner's meeting hall

Following this event, Afyaplus attended the Iringa Region Annual NGO's Forum held at the Iringa Regional Commissioner's meeting hall. This regional forum was more extensive than the district-level meetings and involves a broader range of participants from various NGOs operating within the region. The agenda includes discussions on regional development strategies, policy advocacy, and capacity building for NGOs. It also provides an opportunity for NGOs to engage with government officials and other key stakeholders to align their efforts with regional development goals. The 2024 theme highlights the essential role of NGOs in fostering good governance. Good governance is characterized by principles such as participation, accountability, transparency, responsiveness, and rule of law.



NGOs often act as watchdogs that hold governments accountable while also providing services that promote social welfare. Their involvement is crucial in ensuring that marginalized voices are heard in policy-making processes.



Afyaplus staff Mr. Emmanuel Gilbert poses for a group photo with the Iringa Regional Commissioner Hon. Peter Serukamba and other officials during the Annual NGO Forum held at the Iringa Regional Commissioner's meeting hall.

Both forums are crucial for enhancing collaboration among NGOs and ensuring that they can effectively address community needs through shared knowledge and resources. Participation in these events allows Afyaplus to stay informed about current trends in NGO operations and advocate for issues relevant to our mission.



Afyaplus staff Mr. Faraja Kulanga and Nickson Shoo poses for a group photo with the Iringa Regional Commissioner Hon. Kheri James and other officials during the NGO Forum held at the Siasa ni Kilimo meeting hall.



Overview of the Online Progress Meeting for the Water Installation Project



Afyaplus hosted an online progress meeting for the Water Installation Project in Mangalali Village, Iringa District. The meeting was attended by representatives from Afyaplus, Engineers Without Borders Michigan State University Chapter, Mangalali Community Leaders, and the Iringa District Council

Community Development Officer. The team discussed plans for the upcoming Project Assessment trip scheduled for December. This trip aims to evaluate the project's current status and identify any necessary adjustments. Participants reviewed the partnership agreements between Afyaplus, EWB MSU, and local government authorities. These agreements will be essential for formalizing roles and responsibilities and ensuring effective collaboration throughout the project.



The benefiting community, in this case, the Mangalali community, is responsible for contributing 5% of the total project cost. This model not only helps to alleviate some of the financial burden on external organizations but also promote a sense of ownership and responsibility among community members.



Ms. SUZAN WON CHEVENING SCHOLARSHIP AWARD!

Ms. Suzan Yumbe has been won the Chevening scholarship Award! The Chevening Awards, granted by the UK government, recognize outstanding emerging leaders from around the world who demonstrate exceptional passion, innovative ideas, and influential potential. This award will enable Suzan to pursue a master's degree in the UK, furthering her leadership and expertise. Suzan's journey has been truly inspiring, and we are immensely proud of her achievements. As she starts on this new chapter, we wish her great success in acquiring new skills, knowledge, and networks. We are confident that she will return with invaluable insights that will greatly enhance our mission and further empower our community



MILESTONES ACHIEVED IN THIS QUARTER

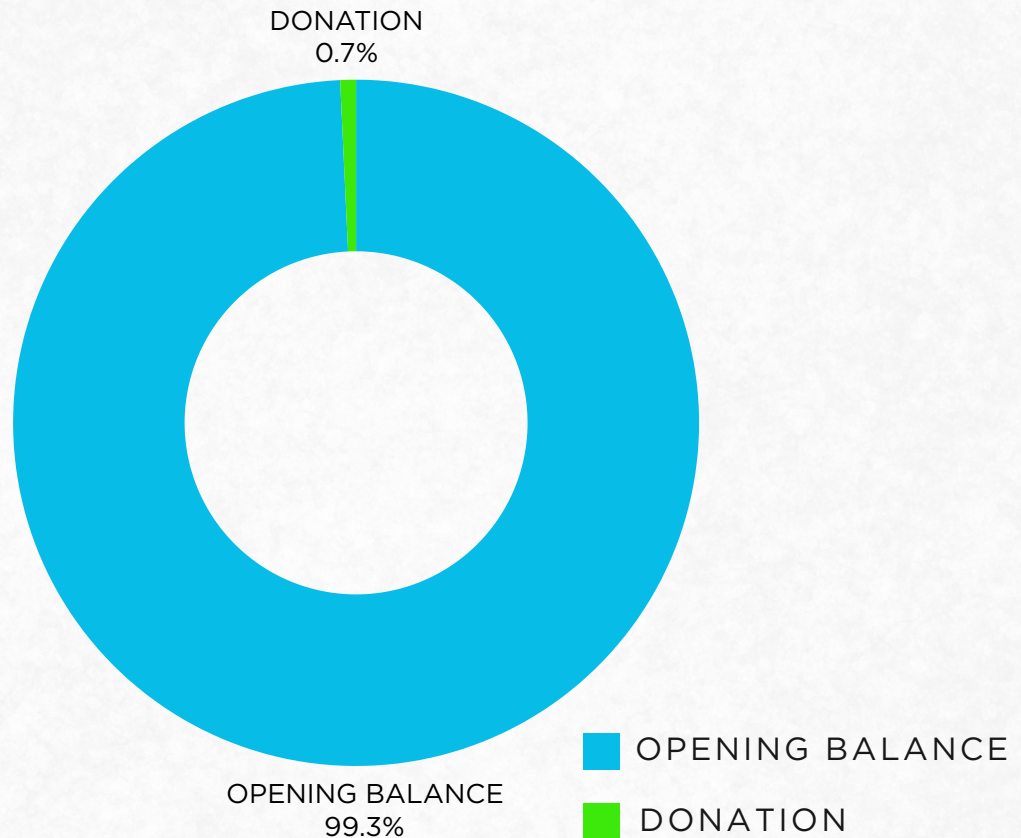
1. This third quarter, the Afyaplus organization successfully hand over the hand washing facilities in two schools Irole Secondary School and Isimani Secondary School as part of the Water in Schools project. 1748 students in total are anticipated to use the hands-washing station (713 boys and 1035 girls). The hand-washing stations raise the total number of stations installed by the water-in-school project to 15, which will be added to the 25 schools that were already covered. This will bring the overall number of schools reached by the project to 40.
2. Afyaplus, through SWASHCLUB initiative, has successfully conducted awareness training for 460 students in the Iringa Municipal Council. This effort reached 373 girls and 89 boys across 12 schools in the Iringa region. The training aimed to promote health and hygiene awareness, empowering students with vital knowledge for their well-being.
3. Through the efforts of Afyaplus, the Mangalali community has been able to raise five percent of the funds needed to carry out the community water project in the future. The village has already contributed over one million Tanzanian shillings for the project.



FINANCIAL UPDATES

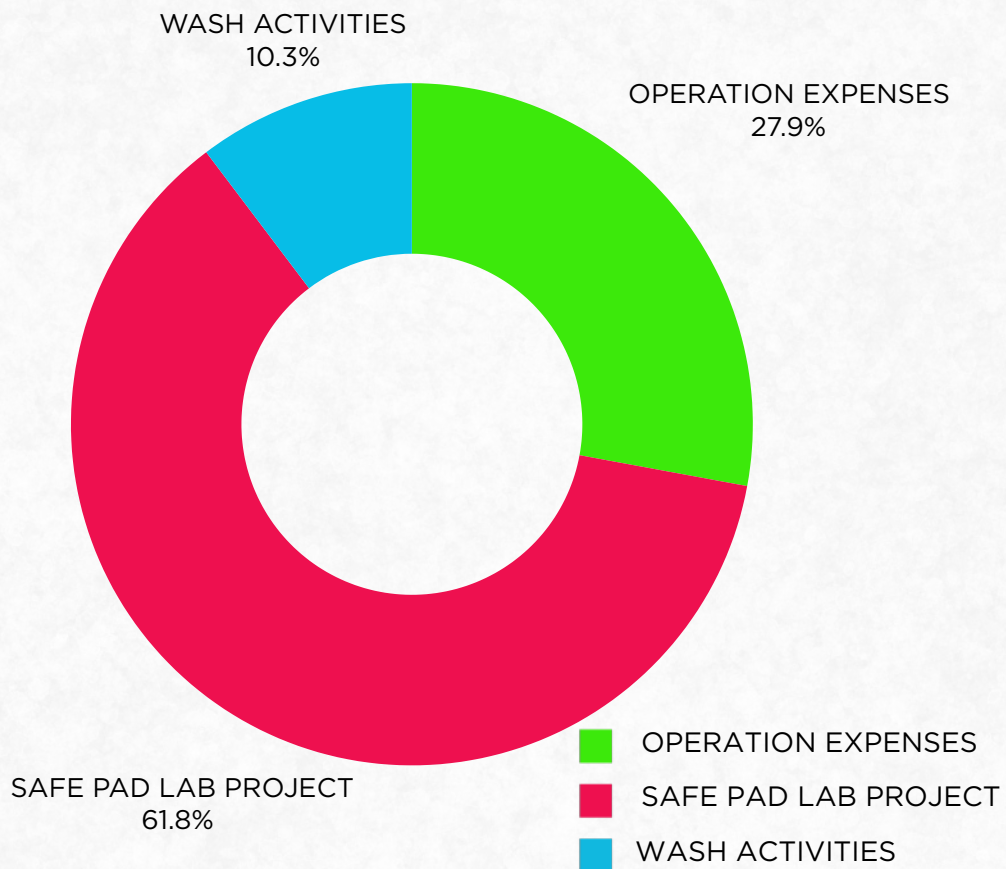
QUARTER TWO INCOME

ITEM	USD (\$)	TSH
OPENING BALANCE	19,092.62	52,027,392.93
DONATION	1,427.78	3,890,700
TOTAL	20520.40	55,918,092



QUARTER TWO EXPENSES

ITEM	USD (\$)	TSH
OPERATION EXPESSES	3,226.46	8,792,100
SAFE PAD LAB PROJECT	7,145.83	19,472,400
WASH ACTIVITIES	1,191.78	3,247,600
TOTAL	11564.07	31,512,100





Our esteemed donors and partners

Afyaplus Organization extends its heartfelt appreciation to our donors, development partners, government bodies, and esteemed stakeholders. Your unwavering commitment and generous contributions have been instrumental in the growth and success of Afyaplus, enabling us to advance our mission of serving the community. Thank you for your invaluable support.

Government



- Ministry of Community Development, Gender, Women and Special Groups.
- Ministry of Education, Science and Technology.
- Ministry of Health.
- Ministry of Water
- Ministry for Home affairs
- President's Office Regional Authorities and Local Government.

Developmental partners



MORE ABOUT US

