



# QUARTER ONE REPORT

JANUARY- MARCH

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## Foreword from the Executive Director

We are thrilled to share the progress we've made in project implementation, thanks to the generous support of our partners, Donors, and stakeholders.

Our Water in School Project is a testament to our commitment to providing access to clean and safe water. By constructing handwashing stations in three schools, we have expanded our reach to 38 schools. Additionally, we conducted awareness sessions on water sanitation hygiene in schools, highlighting our collaborative efforts in achieving SDGs 4 and 6.

Moreover, our Safe Pad Lab Project has dedicated significant efforts to educating the community, including parents and caregivers on issues related to MHM and ASRHR.

I extend my heartfelt gratitude to our partners, the government, stakeholders, and everyone who has contributed their time, skills, and resources to further the goals of AfyaPlus. Your assistance has been instrumental in our success, and we deeply appreciate your ongoing commitment.

In this quarter, we are delighted to welcome two new partners, World Centric and One Percent for the Planet network, who will join us in driving our mission to serve the community.

As we embark on another quarter of service, I invite you to join us in our journey towards health equity and empowerment. Together, we can create lasting change and improve the well-being of individuals and communities. Thank you for your continued support.



A handwritten signature in blue ink, which appears to read 'Suzan Yumbe', positioned above the printed name.

**SUZAN YUMBE**  
**EXECUTIVE DIRECTOR**





# ABOUT AFYAPLUS ORGANIZATION

AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women.

The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, and hygiene and empower adolescent girls and young women in a community.

## Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation and hygiene services and empowerment of adolescents girls and young women through engaging relevant stakeholders.

## Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation and hygiene services; and where adolescent girls and young women are empowered.

## Where we work

We operate within the Iringa region, specifically in the following council.

- Iringa Municipal Council
- Iringa District Council
- Kilolo District Council
- Mafinga Town Council



# STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Afyaplus Organizational Capacity Improved.



Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.



## GOAL 1: WATER, SANITATION, AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITIES

The Afyaplus Organization has continued to advance its development agenda in the prevention and control of water, sanitation, and hygiene (WASH) related diseases. This has been accomplished by implementing the Safe Pad Lab and Water in Schools initiatives. The organization focuses on encouraging the building of WASH facilities in schools, providing WASH training to stimulate behavior change, and motivating and persuading decision-makers, other WASH stakeholders, and the general public to support its initiatives. The major goal is to improve WASH services in schools and communities, which will result in long-term strength and comfort.



*Students of Mazombe Secondary School in Kilolo District Council practicing proper hand washing procedures during the hand washing hygiene session.*

The children right to education, water, and sanitation are social human rights that cannot be waived or compromised. Children deserve a strong educational environment, as well as informal access to clean and sustainable water, sanitation, and hygiene (WASH) services. Lack of access to proper WASH facilities can reduce attendance and educational attainment in schools, whereas good WASH services respect children's rights by ensuring that they are healthy and able to learn.





# A: THE SAFE PAD LAB PROJECT

Afyaplus organization with the support of the Malala Fund is implementing a three-year project called the Safe Pad Lab Project in 52 schools within four councils, mention their names are: Iringa MC, Iringa DC, Kilolo DC, and Mafinga TC. The project aims to break down barriers facing school girls' during menstruation by employing various interventions, such as awareness sessions on MHM and ASRHR, establishing safe pad laboratories, and providing capacity-building workshops on how to produce reusable sanitary pads through established reusable sanitary pad laboratories in 15 schools in the Iringa region.

We would like to express our gratitude to the Afyaplus team and other stakeholders for continuing to implement the safe pad lab project within the four districts of the Iringa region.



*Mr. George Malinga, a parent from Mwangata wards shared his experience on Menstrual Health Management with his girls, at home places, and the school level.*



# ACTIVITIES AND ACHIEVEMENTS

**To raise community knowledge among 198 parents and caregivers in Mwangata and Isimani wards on how to discuss menstrual health issues and ASRH with their girls.**

Enlightening parents and caregivers on MHM and ASRH issues give them the skills they need to approach and discuss puberty issues with their daughters, and explaining that puberty is an exciting time that means adulthood is on its way can be a positive way to introduce this period of change.



*Mr. Josephati Kisake, a parent from Mwangata Street shared his experience of raising his girls and boys during puberty.*

Attempt to express empathy for the changes they're experiencing and reassure them the changes are normal, and that many are only temporary. If you are concerned or are unsure about your child's development, you can contact a range of support services which are listed at the bottom of this page.







Role-modeling body acceptance is especially important during puberty. Your children may worry about their size, form, and development as they compare their bodies to those of their friends. Your best bet is to listen to them without passing judgment, demonstrate your understanding, and explain and normalize the fact that bodies exist in a variety of sizes and shapes. Leading a healthy lifestyle yourself will benefit your child as well.



*Mr. Nickson Shoo, Afyaplus Project Officer conducting awareness training on MHM and ASRHR to parents and caregivers in Ismani Ward in Iringa Dc*





## B. WATER IN SCHOOLS PROJECT

The Afyaplus organization in energies to realize sustainable development goals number 4 and 6, implements a project that is inclusive for school children and profits more than 10000 school children, teachers, and other school workers in the Iringa region. School girls, children, and youth face several challenges related to Water, Sanitation, and Hygiene (WASH) and livelihood interventions. These challenges can significantly impact their health, education, and overall well-being.



*Students of Kleruu Secondary School in Iringa MC are washing their hands in a hand washing station built by Afyaplus Organization this quarter*

One of the primary challenges facing school girls and boys while schooling is the inadequacy of access to clean water and proper sanitation facilities like hand washing stations, toilet facilities, soap, etc. which leads to water scarcity or contamination, and poses health risks like waterborne diseases. Another challenge is the prevalence of poor hygiene practices among school girls, children, and youth which can increase vulnerability to illnesses and infections. Understanding these obstacles is crucial in developing effective solutions to address them.







To address the aforementioned challenges, the Afyaplus organization implemented this project purposely to protect students from WASH-related diseases. The project focuses on improving access to water, sanitation, and hygiene services in schools by constructing hand-washing facilities in Iringa schools and conducting awareness-raising sessions on good sanitation and hygiene practices.



*The School teachers and staff at Mazombe Secondary School in Kilolo District Council diligently washed their hands after attending a hand hygiene session conducted in March 2024.*

In this reporting quarter, afyaplus has managed to implement this project in three schools from the Iringa region making a total of 38 schools reached since the establishment of the project with support from the Segal Family Foundation, and the Tanzania government through the Iringa Regional Management team and the School management.





# ACTIVITIES AND ACHIEVEMENTS

## **Preliminary pre-implementation assessment of the implementation of the water project of three schools in the Iringa region,**

In this reporting quarter, the Afyaplus organization, in collaboration with the school management team, was able to conduct a simple survey to capture and assess the current situation of inadequate access to clean water and sanitation facilities, as well as poor hygiene practices, in two secondary schools of Mazombe and Kleruu, and one primary school which is Sabasaba.

**The following are the findings of the survey conducted at 3 mentioned schools in the above :**

### **At Mazombe Secondary School and Sabasaba Primary School**

At Sabasaba Primary School, the facility used for hand washing was one water tap which is directly connected to the IRUWASA water system, and at Mazombe Secondary School they use one water tap connected to a sim tank (Water storage), which makes students spend more time washing their hands and some could not wash their hands at all.



*Students at Mazombe Secondary School in Kilolo District Council are washing their hands on the single tap connected to a Simtank this tap serves a total of 853 students which cause some delays and queue.*



**At Klerruu Secondary School:** Kleruu Secondary School is a school located in Iringa Municipal Council, the water infrastructure is puny, as they have one water tape station for 890 students and their teachers. This water is not sufficient and cannot support all the students as well as the teachers



*Hand washing facility in Kleruu Secondary before the construction of new hand washing station*

Afyaplus Water in a school project on Enlightening programs that promote good hygiene practices such as handwashing with soap, personal hygiene routines, and menstrual hygiene management can play a vital role in addressing this challenge.







## To construct hand washing facilities at two Secondary schools and one Primary school in the Iringa region

In the first quarter of 2024, Afyaplus successfully constructed handwashing facilities to ensure access to clean water and sanitation for students at Sabasaba Primary School, Klerruu Secondary School, and Mazombe Secondary School in the Iringa region. Each

Station has 8 taps, allowing multiple students to wash their hands simultaneously and saving time during handwashing activities. With the addition of these three handwashing stations, a total of 38 schools have been reached by the Water in School project in the Iringa region.



*The newly completed handwashing facility at Mazombe Secondary School, in Kilolo District Council. The facility has eight taps, allowing multiple students to wash their hands simultaneously.*

This completed hands-washing facility will serve a total of 2109 students (1097 girls and 1012 boys) from The completed hands-washing facility is a crucial component in promoting proper hand





hygiene and preventing the spread of infections. It includes essential elements such as water supply, soap or hand rubs, and reliable water sources. These facilities are vital in various settings, including schools, healthcare facilities, and public areas, to ensure that individuals have access to the necessary resources for effective handwashing.

**The table below shows the number of councils, schools, and the number of students reached by the Water in-school Project first quarter of 2024.**

DISTRICT COUNCIL	SCHOOL NAME	TOTAL STUDENTS	GIRLS	BOYS
IRINGA MC	SABA SABA PRIMARY SCHOOL	366	169	167
IRINGA MC	KRELUU SECONDARY SCHOOL	890	440	450
KILOLO DC	MAZOMBE SECONDARY SCHOOL	853	443	365
TOTAL	REACHED	2109	1052	982







## To conduct awareness sessions on sanitation and proper hygiene practices in two Secondary Schools and one Primary School in the Iringa region

In this first quarter, the Afyaplus organization successfully conducted an awareness session on sanitation and proper hygiene practices for a total of 2,109 students, comprising 1,012 boys, 1,097 girls, and 72 students with disabilities (40 boys and 32 girls).

These sessions are crucial for educating students on the importance of handwashing hygiene, the appropriate moments for handwashing, and the significance of this practice. Germs from unwashed hands can easily transfer to various objects, such as handrails, table tops, or toys, and then to another person's hands. By removing germs through handwashing, we can prevent diarrhea, respiratory infections, and even skin and eye infections. Certain gastrointestinal and respiratory infections can lead to serious complications, especially for young children, the elderly, or those with weakened immune systems. Therefore, it's important to emphasize the importance of hand hygiene to mitigate the associated risks.



*Gangilonga ward Education Officer, Afyaplus Project Officer and Iringa Municipal Health Officer conducting hand washing hygiene sessions in schools community of Saba saba Primary, Mazombe Secondary and Kleruu school including teachers, students and other school workers respectively*







Contempt the efforts impersonations of the recent operation of the awareness session in this school, still there is a need to strengthen awareness among students because promoting menstrual health and hygiene is an important means of safeguarding

women's dignity, privacy, bodily integrity, and, consequently, their self-efficacy. Awareness of MHH contributes to building an enabling environment of non-discrimination and strengthening equality in which female voices are heard, girls have choices about their future, and women have options to become leaders and managers.



*Afyplus Project Officer Miss Catherine Peter shares demonstrating the proper hand washing session to students in Sabasaba Primary school in Iringa MC*







## MILESTONES ACHIEVED IN THIS QUARTER

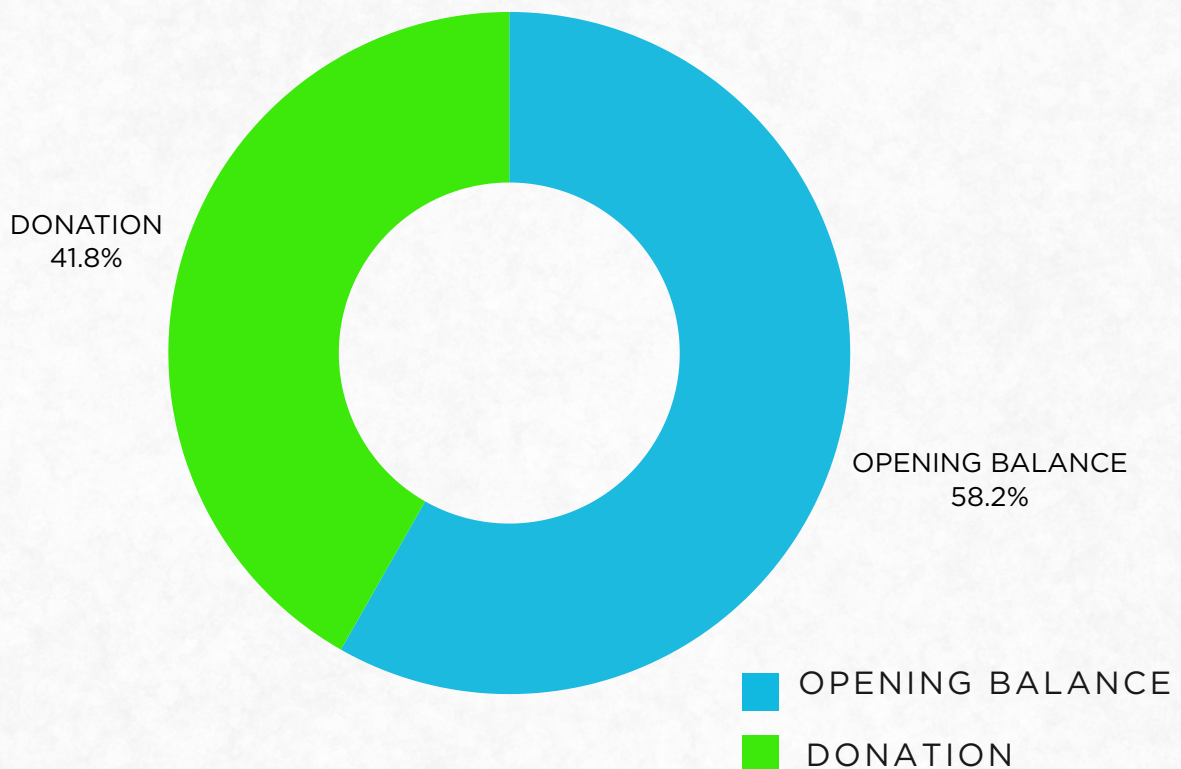
- ◆ The Afyaplus organization managed to conduct community awareness to the parents and caregivers from Mwangata and Isimani wards on how to discuss with their daughters the issues of menstrual health 198 parents were covered with the knowledge.
- ◆ This quarter, we achieved a significant milestones with the addition of Word Centric and One Percent for the Planet as our new partners. Their support is instrumental in driving our organization's growth and community initiatives, and we are deeply grateful for their collaboration.
- ◆ Through the Water in Schools project, a total of 3 hand washing stations were constructed to serve a total of 2109 students (1012 boys and 1097 girls) from three schools namely Sabasaba Primary School, Kleruu Secondary, and Mazombe Secondary School. The completion of these hand washing stations makes a total of 13 stations constructed that will be added to the previously 35 schools and bring a general number of 38 schools reached by the project.
- ◆ In the first quarter, we achieved a significant milestone through the Water in Schools project. We successfully conducted awareness training for a total of 2109 students (1012 boys and 1097 girls) from three schools: Sabasaba Primary School, Kleruu Secondary, and Mazombe Secondary School. The training focused on promoting good sanitation, proper hygiene practices, and environmental cleanliness.



# FINANCIAL UPDATES

## QUARTER ONE INCOME

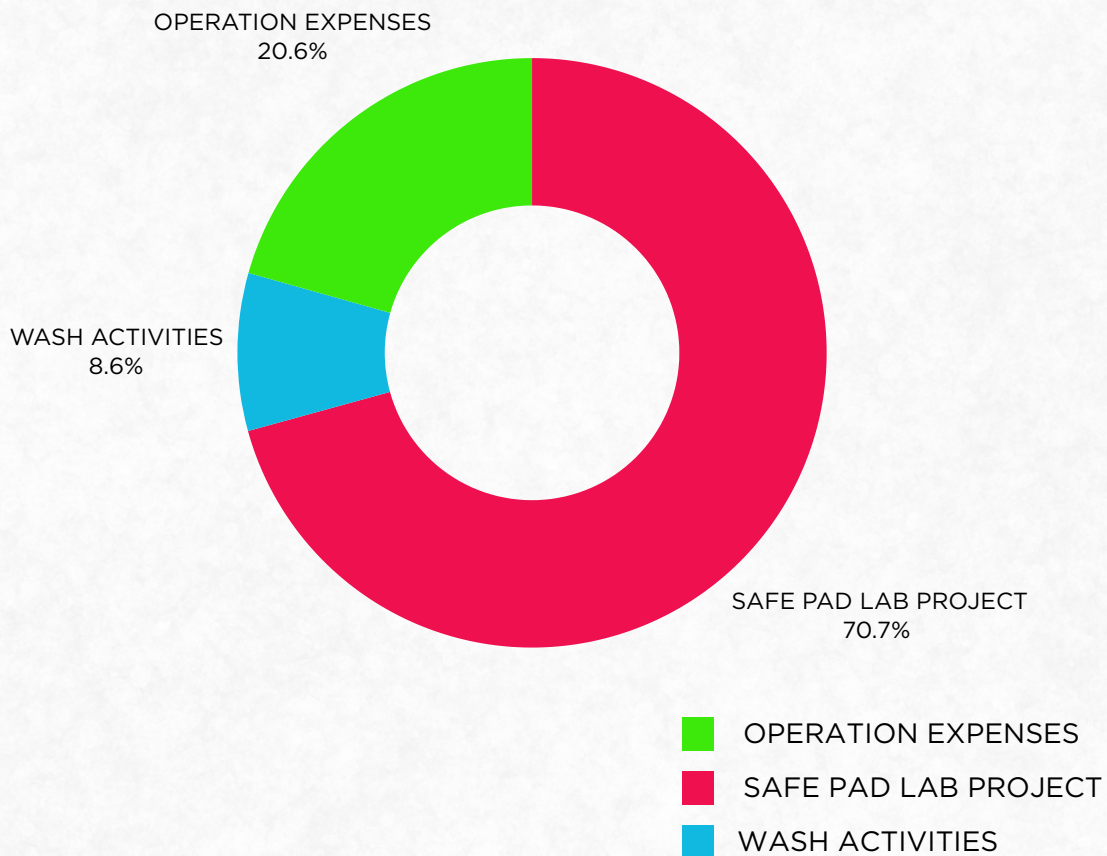
ITEM	USD (\$)	TSH
OPENING BALANCE	11442.41	29,578,618.37
DONATION	8210.84	21,225,025
<b>TOTAL</b>	<b>19653.25</b>	<b>50,803,643.37</b>





## QUARTER ONE EXPENSES

ITEM	USD (\$)	TSH
OPERATION EXPESSES	6,908.8	7,705,350
SAFE PAD LAB PROJECT	10,218.42	26,414,626.54
WASH ACTIVITIES	1248.78	3,228,100
<b>TOTAL</b>	<b>14448.00</b>	<b>37,348,076.54</b>







## Our esteemed donors and partners

Afyaplus Organization extends its heartfelt appreciation and acknowledges the support received from donors, esteemed development partners, government entities, and various stakeholders. Your commitment and contributions have played a great role in growth and success of Afyaplus Organization.

### Government



- Ministry of Community Development, Gender, Women and Special Groups.
- Ministry of Education, Science and Technology.
- Ministry of Health.
- Ministry of Water
- President's Office Regional Authorities and Local Government.

### Developmental partners



## MORE ABOUT US

