



2023

QUARTER THREE REPORT

JULY- SEPTEMBER

www.afyaplustz.or.tz

ABOUT AFYAPLUS ORGANIZATION

AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women.

The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, and hygiene and empower adolescent girls and young women in a community.

Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation and hygiene services and empowerment of adolescents girls and young women through engaging relevant stakeholders.

Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation and hygiene services; and where adolescent girls and young women are empowered.

Where we work

We operate within the Iringa region, specifically in the following council.

- Iringa Municipal Council
- Iringa District Council
- Kilolo District Council
- Mafinga Town Council



STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Afyaplus Organizational Capacity Improved.



Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.

GOAL 1: WATER, SANITATION, AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITIES

Afyaplus Organization through the Safe Pad Lab project and Water in School project has continued with its development agenda of prevention and control of WASH-related diseases by promoting the construction of hand washing stations in Schools, provision of WASH training to promote behavior change together with advocacy and lobbying for support from decision-makers, other WASH stakeholders, and the community as a whole for improved WASH services in schools and the communities.



Fig 1: Students of Mkwawa Secondary School in Iringa Municipal Council practicing proper hand washing procedures during the hand washing hygiene session.

Inadequate WASH conditions in schools may hinder girls' full participation in school and lead to their poor performance and increased dropout rates. According to the Tanzania National School WASH Report (2018), only 25% of schools in Tanzania met the minimum government standard for learners per toilet (20 girls and 25 boys per toilet) and 16.7% of schools provided changing rooms with basic amenities, such as water, waste bin, soap, and emergency supplies.

A: THE SAFE PAD LAB PROJECT

The Safe Pad Lab project is a three-year project funded by Malala Funds and implemented in 52 schools within four councils, mention their names are: Iringa MC, Iringa DC, Kilolo DC, and Mafinga TC. We would like to express our gratitude to the Afyaplus team and other stakeholders for continuing to implement the safe pad lab project within the four districts of the Iringa region. The project aims to break down barriers facing school girls' during menstruation and build awareness of good Menstrual Hygiene Management (MHM) and Adolescent sexual reproductive health and rights (ASRHR).

The project employs various interventions, such as awareness sessions on MHM and ASRHR, and capacity-building workshops on how to produce reusable sanitary pads through established reusable sanitary pads laboratories in 15 schools of the Iringa region.



Fig 2: Students of Ipogolo Secondary School in Iringa Municipal Council diligently shaping and cutting materials for sewing reusable sanitary pads.

ACTIVITIES AND ACHIEVEMENTS

To conduct capacity building of sewing reusable sanitary pads to 1265 students from 14 schools in the Iringa region.

Improving access to sanitary pads increases girls' opportunity to compete as boys and also reduce the chances of girls missing classes which in the end contributes to increasing girls' performance and confidence. In this reporting quarter, Afyaplus has been working to ensure access to quality sanitary products through the provision of reusable pad sewing sessions to 1265 students (150 boys and 1115 girls) from 14 schools in the Iringa Region.



Fig 3: Students of Isimila secondary school in Iringa DC practicing sewing reusable sanitary pads during reusable sanitary pads sewing session

Out of 1265 students reached, a total of 514 students (114 boys and 400 girls) are from Iringa Municipal Council, 382 students (10 boys and 372 girls) are from Iringa District Council, 279 students (12 boys and 267 girls) are from Kilolo, and 90 students (14 boys and 76 girls) are from Mafinga Town Council. As a result of this session, a total of 792 reusable sanitary pads were produced and distributed to 264 students.

THE TABLE BELOW SUMMARIZES THE NUMBER OF STUDENTS REACHED WITH TRAINING OF SEWING REUSABLE SANITARY PADS PER SCHOOL.

S/NO	NAME OF SCHOOL	BOYS	GIRLS	TOTAL
1	IPOGOLO SEC	100	125	225
2	MLAMKE SEC	14	187	201
3	LUGALO SEC	0	24	24
4	KALENGA SEC	0	96	96
5	ISMANI SEC	0	79	79
6	TANANGOZI PR	10	46	56
7	ISMILA SEC	0	151	151
8	LUNDAMATWE SEC	0	137	137
9	KILOLO SEC	0	30	30
10	MAZOMBE SEC	0	65	65
12	CHANGARAWA SEC	14	23	37
12	J.J MUNGAI	0	53	53
13	MAWELEWEL SEC	0	64	64
14	ILULA SEC	12	35	47
13	TOTAL	150	1115	1265

To conduct awareness sessions on Adolescent Sexual Reproductive Health and Rights (ASRHR) and Menstrual Hygiene Management (MHM) to 1872 students (775 boys and 1097 girls) from 06 schools of the Iringa region.

Afyaplus organization has continued with the agenda of improving girls' education, through awareness sessions on proper Menstrual Hygiene Management (MHM), and Adolescent Sexual Reproductive Health and Rights (ASRHR) in 6 schools in the Iringa region. A total of 1872 (1097 girls and 775 boys) from 6 schools: Nyamalala Secondary school, Luhindo Primary School, Lulanzi Secondary school, Kigonzi Primary school, Kihsa Secondary school, and Ihongole Secondary school have increased their awareness and knowledge on good Menstrual Hygiene Management (MHM) practice, and Adolescents' Sexual Reproductive Health and Rights (ASRHR).



Fig 4: Miss Catherine Lihokolelo leading a session on Menstrual Health Management (MHM) and Adolescent Sexual and Reproductive Health Rights (ASRHR) for students at Mazombe Secondary School in Kilolo DC

Out of 1872 students reached, a total of 557 students (boys 223 and 334 Girls) are from Kilolo, 637 students (boys 317 and girls 320) from Iringa Mc, and 678 students (boys 265 and girls 413) are from Mafinga Tc.

To conduct post survey in 30 schools of the Iringa region to access understanding of Menstrual Hygiene Management (MHM) and Adolescent and Sexual and Reproductive Health and Rights (ASRHR).

After successfully completing our sessions in 46 schools in all districts, a post-survey was conducted in 30 schools out of 46 in order to assess the progress on the practices, attitude, and understanding of MHM and ASRHR issues among school girls, boys, and teachers as well as the factors affecting menstruating girls at schools including the effects of unimproved MHM facility on girls.



Fig 5: Miss Witness Chananja Afyaplus Community based trainer conducting post survey to access the project impact on students

Despite the gradual impacts of the current implementation of the Safe Pad Lab in the school reached by the project, still there is a need to increase awareness among students due to the rapid increase in demand and requests for more awareness and sensitization on menstrual hygiene management and adolescent and sexual reproductive health and rights especially on the school which were not covered by the project. However, there is a need to invest more in conducting more awareness and advocacy for the remaining districts to set a budget for supporting menstrual hygiene management in school, and to parents and caregivers on the importance of supporting MHM services in schools.

B. WATER IN SCHOOLS PROJECT

In efforts to achieve sustainable development goals number 4 and 6, the Afyaplus organization implements a project that is inclusive for school children and profits more than 10000 school children, teachers, and other school workers in the Iringa region. The project funds depend on the fundraising events called Afyaplus WASH GALA, the main contributors are individuals, other WASH stakeholders, institutions, and business owners from Iringa Region. In this reporting quarter, the Afyaplus organization through the water in school project has been able to achieve the following progress.



Fig 6: At the Miyomboni Secondary School in Iringa Municipal Council, students are diligently washing their hands thanks to the efforts of AfyaPlus WASH Gala stakeholders.

Provision of education on good sanitation and hygiene practices in three schools of the Iringa region

The Organization managed to provide education on good sanitation and hygiene practices to 2364 students (986 boys and 1378 girls), teachers, and other workers. Out of 2364 students, 528 (236 boys and 292 girls) were from Kalenga Primary School, 918(375 boys and 543 girls) were from Kalenga secondary school, and 918 (375 boys and 543 girls) from Mkwawa secondary school. The major aim of these sessions was to proceed agenda of cultivate behavior change among school boys and girls in the Iringa region.



Fig 7: The District Primary education Officer of Iringa District Council demonstrate proper hand washing procedures to students at Kalenga primary School

PARTNERSHIP WITH OTHER STAKEHOLDERS

The successful implementation of the Safe Pad Lab project in 52 schools across Iringa has forged impactful collaborations with Lyra in Africa and Warlser's Tanzania Charity. This partnership aims to raise awareness about crucial topics such as Menstrual Hygiene Management (MHM), Adolescents' Sexual Reproductive Health and Rights (ASRHR), and Gender-Based Violence (GBV) in 10 schools. Among these, 9 schools in the Iringa region, spanning Kilolo District Council, Iringa District Council, and Mufindi District Council, are supported by Lyra in Africa. Additionally, Lyandembela Secondary School in Iringa District Council receives support from Warlser's Tanzanian Charity.



Fig 8: Miss Catherine Lihokolelo, and Dorren from Lyra in Africa, together with students of Ifwagi secondary school in Mufindi District Council posing for photo after awareness session on MHM, ASRHR and GBV



Fig 9: Miss Susie Roddick, MD of Walsres Tanzania Charity, and Moses Madembwe, School Coordinator, joined Afyaplus team and Lyandembela secondary school students during the session on MHM, ASRHR, and GBV.

AFYAPLUS IN PARTNERSHIP WITH LYRA IN AFRICA

In July 2023, Afyaplus organization partnered with Lyra in Africa, to conduct awareness sessions on proper Menstrual Hygiene Management (MHM) and Adolescent Sexual Reproductive Health and Rights (ASRHR). The main goal of this activity was to build awareness of good Menstrual Hygiene Management (MHM) and Adolescents' Sexual Reproductive Health and Rights (ASRHR) among school girls.



Fig 10: Ms. Catherine Lihokolelo passionately leading an awareness session on Menstrual Hygiene Management (MHM) and Adolescent Sexual and Reproductive Health and Rights (ASRHR) at Ifwagi Secondary School in Mufindi District Council

These sessions were conducted for two months from July to September 2023 in 9 secondary schools supported by Lyra in Africa namely Madege, Mlowa, Ilambilole, Mazombe, Ifwagi, Maduma, Lundamatwe, Nyang'oro, and Lulanzi whereby 3,166 schoolgirls were reached.



Fig 11: Miss Catherine Lihokolelo, Afyaplus Project Officer, leading a session on Menstrual Hygiene Management (MHM) and Adolescent Sexual and Reproductive Health and Rights (ASRHR) at Ilambilole Secondary School in Iringa District.



Fig 12: Miss Namkunda Mbwambo, Afyaplus Programme Coordinator, leading a session on Menstrual Hygiene Management (MHM) and Adolescent Sexual and Reproductive Health and Rights (ASRHR) at Lundamatwe Secondary School in Kilolo District.

AFYAPLUS IN PARTNERSHIP WITH WARLSER'S TANZANIA CHARITY

In August 2023, Afyaplus organization partnered with Warlser's Tanzania Charity. This partnership based on raising awareness on Menstrual Hygiene Management (MHM), Adolescents' Sexual Reproductive Health and Rights (ASRHR), and Gender-Based Violence (GBV) to 924 students from Lyandembela secondary school.



Fig 13: Afyaplus Monitoring and Evaluation Officer Mr. Nickson Shoo conduct training programme on MHM, ASRHR and GBV for Lyandembela student.

Afyaplus has managed to train four community-based trainers who are from the Ifunda ward and are collaborating with Afyaplus in this partnership. The model of using Community-based trainers has proven to work as the knowledge stays with the community and the beneficiaries enjoy learning with their peer community members. Through these community volunteers we have managed to conduct awareness sessions to 924 students (378 Boys and 546 Girls) have been reached with knowledge and skills related to Menstrual Hygiene Management (MHM), Adolescents Sexual Reproductive Health and Rights (ASRHR) and Gender Based Violence (GBV)

EVENTS AND CAMPAING

Segal Family Foundation Donor visit at Afyaplus Organization

On Aug 9, 2023, Afyaplus hosted a donor visit from the Segal Family Foundation (SFF) that Program Officer, Ms. Carolyn Kandusi, represented. It was a 1-day visit that aimed to assess Afyaplus's work, learn, and share experiences on the implementation of the two projects safe pad lab project which is implemented in 50 schools from four councils of Iringa which are Iringa MC, Kilolo DC, Iringa DC, and Mafinga TC and the water in a school project which is currently implemented in 6 schools of Iringa.

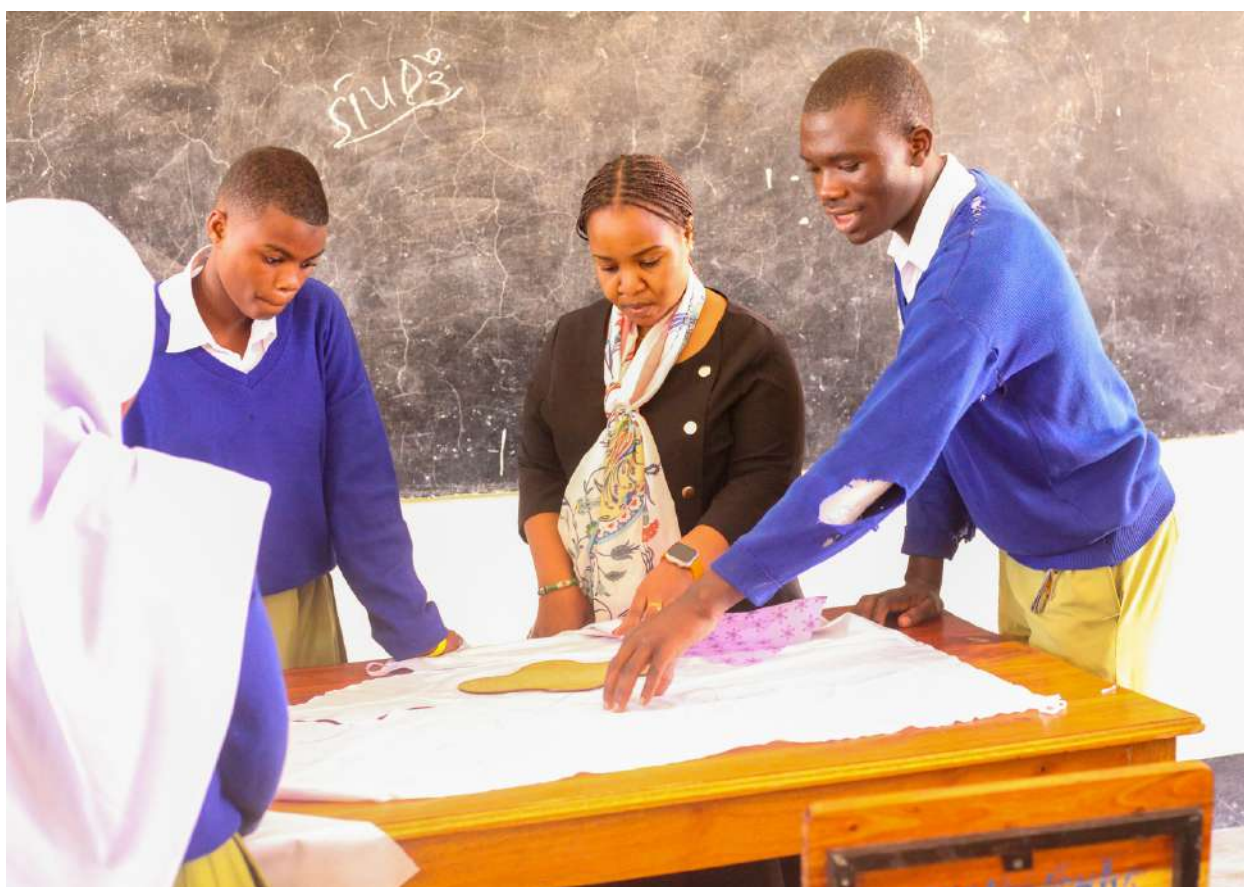


Fig 14: A student of Ipogolo Secondary School demonstrating the procedures for making reusable sanitary pads to the SFF Program Officer, Ms. Carolyn Kandusi.

Objectives of the Visit

- To explore the operation and implementation of the safe pad lab project in schools of Iringa.
- To learn how the safe pad lab project and the Water in School project have impacted the lives of students of Iringa.
- To share experiences on how better to

Through this meeting, the Afyaplus organization got a chance to share the organization profile, the progress of the projects, and milestones achieved so far with the SFF Program Officer. On the other hand, the SFF Program Officer shared insights and tips on project management, and engagement of different WASH stakeholders to support our work and she also insisted on impact documentation. Later on, the SFF Program Officer got a chance to visit 4 schools reached by our project.



Fig 15: A student of Ipogolo Secondary School posing for photo with the SFF Program Officer, Ms.Carolyne Kandusi and Community Based trainer ms. Irene Konga



Fig 16: Afyaplus team together with the SFF Program Officer, Ms.Carolyne Kandusi in Afyaplus Head quarter in Gangilonga Iringa-Tanzania

Activities conducted during the visit

i. Visiting the water in school project present at Miyomboni Secondary School in Iringa MC and Kalenga Primary school in Iringa DC.

The SFF Program Officer and Afyaplusteam got a chance to visit two schools out of 36 schools reached by the project. The schools visited were Miyomboni Secondary School and Kalenga Primary School of Iringa DC, to see and learn how the water in a school project operate and how it has impacted student lives.

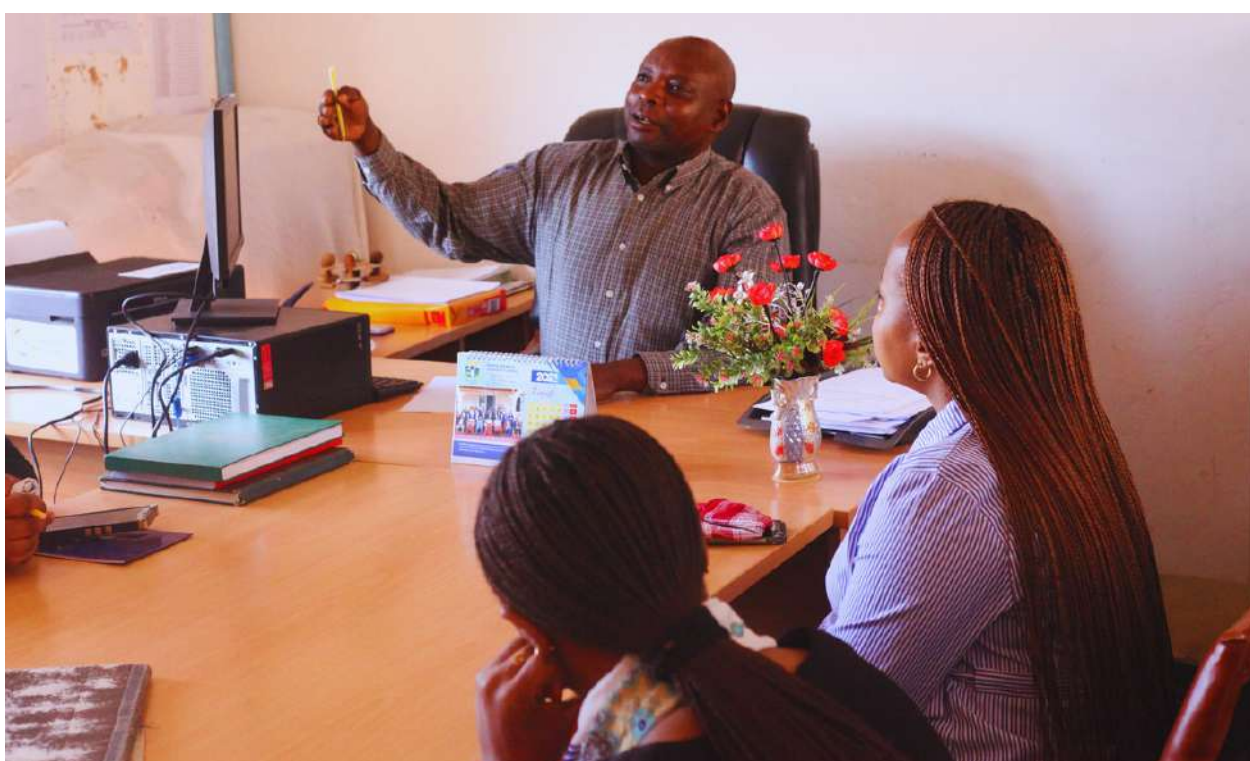


Fig 17: The headmaster of Miyomboni Secondary School shares how the water in school project impacted the lives of students and their performance during the SFF visit.

"I would like to take this opportunity to express my sincere gratitude and appreciation to the Segal Family Foundation for supporting Afyaplusteam's efforts to improve school water sanitation and hygiene (SWASH) services. In collaboration with my school management team, we promise to ensure proper utilization of the facility, its management, and maintenance of the facility in case of any damage, **Said Mr.Msigwa the Headmaster of Miyomboni sec**".



Fig 18: The SFF Program Officer Ms. Carolyn Kandusi during her visit at Kalenga Primary School IN Iringa District Council.

ii. Visiting the the Safe Pad Lab project present at Ipogolo Secondary School in Iringa DC and Lundamatwe Secondary School in Kilolo district.

Furthermore, the SFF Program Officer with the Afyaplus team visited the 2 schools out of the 15 schools with reusable sanitary pads Laboratories to learn and hear how the project impacted students' lives through discussions with students and their teachers. It was found that student attendance and performance have increased because girls' confidence and dignity have been restored together with access to reusable sanitary pads at the school level.



Fig 19: SFF Program Officer, Ms. Carolyn Kandusi, demonstrating her expertise in preparing materials for sewing reusable sanitary pads during her visit to Lundamatwe Secondary School in Kilolo District.



Fig 20: A student of Lundamatwe Secondary School demonstrating the procedures for making reusable sanitary pads to the SFF Program Officer, Ms. Carolyn Kandusi.

ii. Afyaplus participation in High-level Political Forum (HLPF) for sustainable development.

In this quarter, AfyaPlus participated in a significant event known as the High-level Political Forum (HLPF) for Sustainable Development. This annual event serves as a vital platform for governments and non-governmental organizations (NGOs) to exchange valuable insights and progress updates regarding the Sustainable Development Goals (SDGs) at the United Nations headquarters in New York.



Fig 20: Miss Suzan Yumbe, the Executive Director of AfyaPlus, alongside fellow leaders from various organizations supported by the Malala Fund, at the High-level Political Forum held at the United Nations Headquarters.

The focal point of this year's forum was the expedited recovery from the impact of the coronavirus disease (COVID-19) and ensuring the comprehensive realization of the 2030 Agenda for Sustainable Development at various levels. Representing our organization at this event was well presented by Afyaplus Executive Director, Mrs. Suzan Yumbe. Her presence not only highlighted our commitment to the SDGs but also showcased our dedication to fostering positive change on a global scale. AfyaPlus Organization remains steadfast in its mission to contribute meaningfully to the achievement of sustainable development goals, especially on SDG 4 and SDG 6, and our active participation in forums like the HLPF exemplifies our unwavering dedication on this.

iii. Afyaplus participation in Segal Family Foundation Annual General Meeting at Kigali Rwanda.

In this reporting period, the Afyaplus organization represented by Program Coordinator Ms. Namkunda Mbwapo participated in the Annual General Meeting hosted by the Segal Family Foundation at Kigali Rwanda on 12 July 2023. The main goal of this event was to network and connect African fellows with global funders to transform changes in Africa. The theme of this year was **“Transforming how change happens in Africa”**



Fig 18: Afyaplus Programme coordinator Miss Namkunda Mbwapo posing for photo after attending SFF annual general meeting in Rwanda.

Through this networking, Afyaplus got a chance to meet other SFF partners working from different parts of Africa to learn and re-learn how other development actors work to transform changes in the community and attend different sessions like tips for making a memorable conversation with funders, Explore grassroots coalition and market, Fundraising, and how to manage large gifts.

iv. Afyaplus participation in Tanzania's High-Level Stakeholder Dialogue on the SDGs Summit

On the 11th of September in representation of our Monitoring and Evaluation Officer Mr. Nickson Shoo, Afyaplus actively participated in Tanzania's High-Level Stakeholder Dialogue on the SDGs Summit –discussions centered on including various sectors in achieving Sustainable Development Goals (SDGs).



Fig 22: Afyaplus Monitoring and Evaluation Officer, Mr. Nickson Shoo, captured a moment in a photograph after participating in Tanzania's High-Level Stakeholder Dialogue on the SDGs Summit.

This encompassed access to government data for CSOs. Afyaplus Organization aligns with SDGs 4 (Quality Education), 6 (Clean Water and Sanitation), and targets 1 and 2. Our participation acknowledges our commitment to SDGs and strengthens our confidence in contributing to a sustainable future

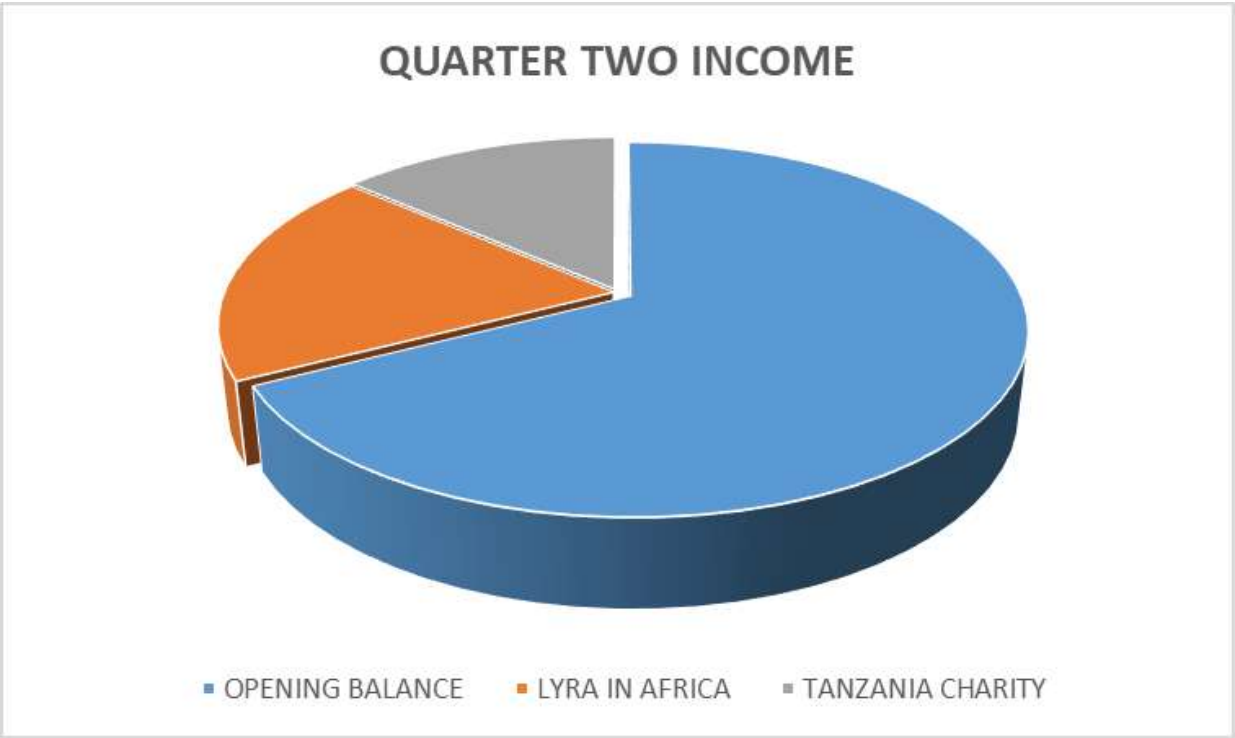
MILESTONES ACHIEVED IN THIS QUARTER

1. The Afyaplus organization managed to conduct awareness sessions regarding good menstrual hygiene management (MHM) and Adolescent sexual reproductive and health (ASRH) issues to 1872 students (775 boys and 1097 girls) from 6 schools of the Iringa region.
2. The Afyaplus organization managed to capacitate 1265 students (150 boys and 1115 girls) from 14 lab pad schools with skills and knowledge of how to make reusable sanitary pads.
3. Through the water in schools project, a total of 2364 students (986 boys and 1378 girls) from three schools namely Kalenga Secondary, Mkwawa Secondary, and Kalenga Primary School were capacitated on good sanitation and hygiene practices.
4. Implementation of the Safe Pad lab project has resulted in two new partnerships from Lyra in Africa and Warlser's Tanzania Charity.
5. Afyaplus in partnership with Lyra in Africa managed to conduct awareness sessions on good menstrual hygiene management (MHM) and Adolescent sexual reproductive and health (ASRH) issues to 3166 school girls from 9 schools supported by Lyra in Africa.
6. In this reporting quarter Afyaplus in partnership with Tanzania Warlser's charity managed to commence an awareness program regarding good Menstrual Hygiene Management (MHM), Adolescents' Sexual Reproductive Health and Rights (ASRHR), and Gender-Based Violence (GBV) to 924 students from Lyandembela secondary school.

FINANCIAL UPDATES

QUARTER TWO INCOME

ITEM	USD (\$)	TSH
OPENING BALANCE	14,183.953	35,512,887.04
LYRA IN AFRICA	3,983.66	9,974,050.00
TANZANIA CHARITY	2,854.42	7,147,380.00
TOTAL	21,020.409	52,634,317.00



QUARTER TWO EXPENSES

ITEM	USD (\$)	TSH
OPERATION EXPESSES	6,908.8	17,303,076.62
SAFE PAD LAB PROJECT	5,824.1	14,586,320.06
WATER IN SCHOOL PROJECT	209.1	523,800.00
LYRA PROGRAMME	2,474.8	6,198,000.00
WALSERS TANZANIA CHARITY	1,997.7	5,003,166.00
TOTAL	2,474.8	43,636,562.68



Our esteemed donors and partners

Afyaplus Organization acknowledges and appreciates the valuable assistance and support received by Donors, Development Partners, Government, and other Stakeholders, whose substantial contributions have significantly contributed to the the growth of the organization, advancing our mission to extend of reaching more communities.



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