



2023

QUARTER TWO REPORT

APRIL- JUNE

www.afyaplustz.or.tz

ABOUT AFYAPLUS ORGANIZATION

AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women.

The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, and hygiene and empower adolescent girls and young women in a community.

Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation and hygiene services and empowerment of adolescents girls and young women through engaging relevant stakeholders.

Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation and hygiene services; and where adolescent girls and young women are empowered.

Where we work

We operate within the Iringa region, specifically in the following council.

- Iringa Municipal Council
- Iringa District Council
- Kilolo District Council
- Mafinga Town Council



STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Afyaplus Organizational Capacity Improved.



Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.

GOAL 1: WATER, SANITATION, AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITIES

Afyaplus Organization has continued with its development agenda of prevention and control of WASH-related diseases by promoting the construction of WASH facilities in Schools, provision of WASH training to promote behavior change together with advocacy and lobbying for support from decision-makers, other WASH stakeholders, and the community as a whole for improved WASH services in schools and the communities. The mentioned interventions have been achieved through the implementation of the Safe pad lab project and the Water in School project.



Fig 1: Afyaplus Community-based trainer Ms.Teresia Kihaga demonstrate how to make reusable pads for Lugalo secondary school students at Iringa Municipal Council.

UNICEF MHM Report of 2022, prevails that 16.8 percent of students missed school during menstruation due to many reasons such as lack of menstrual hygiene materials, fear of embarrassment in case of visible stains on the cloth, lack of changing rooms, Lack of clean and suitable toilet facilities.

A: THE SAFE PAD LAB PROJECT

The safe pad lab project is a three-year project funded by Malala Funds and implemented in 52 schools within four councils, mention their names are: Iringa MC, Iringa DC, kilolo DC, and Mafinga TC. We would like to express our gratitude to the Afyaplus team and other stakeholders for continuing to implement the safe pad lab project within the four districts of the Iringa region. The project aims to break down school girls' barriers during menstruation and build awareness of good Menstrual Hygiene Management (MHM) and Adolescent sexual reproductive health and rights (ASRHR).

The project employs various interventions, such as awareness sessions on MHM and ASRH, and capacity-building workshops on how to produce reasonable sanitary pads.



Fig 2: Students from Ipogolo secondary school displaying reusable pads they produced as trained by Ms. Irene Konga through the Safe pad lab project .

ACTIVITIES AND ACHIEVEMENTS

To conduct awareness sessions on adolescent sexual reproductive health and rights (ASRH) and Menstrual Hygiene Management (MHM) to 31887 students (14930 boys and 16874 girls) from 46 schools of Iringa.

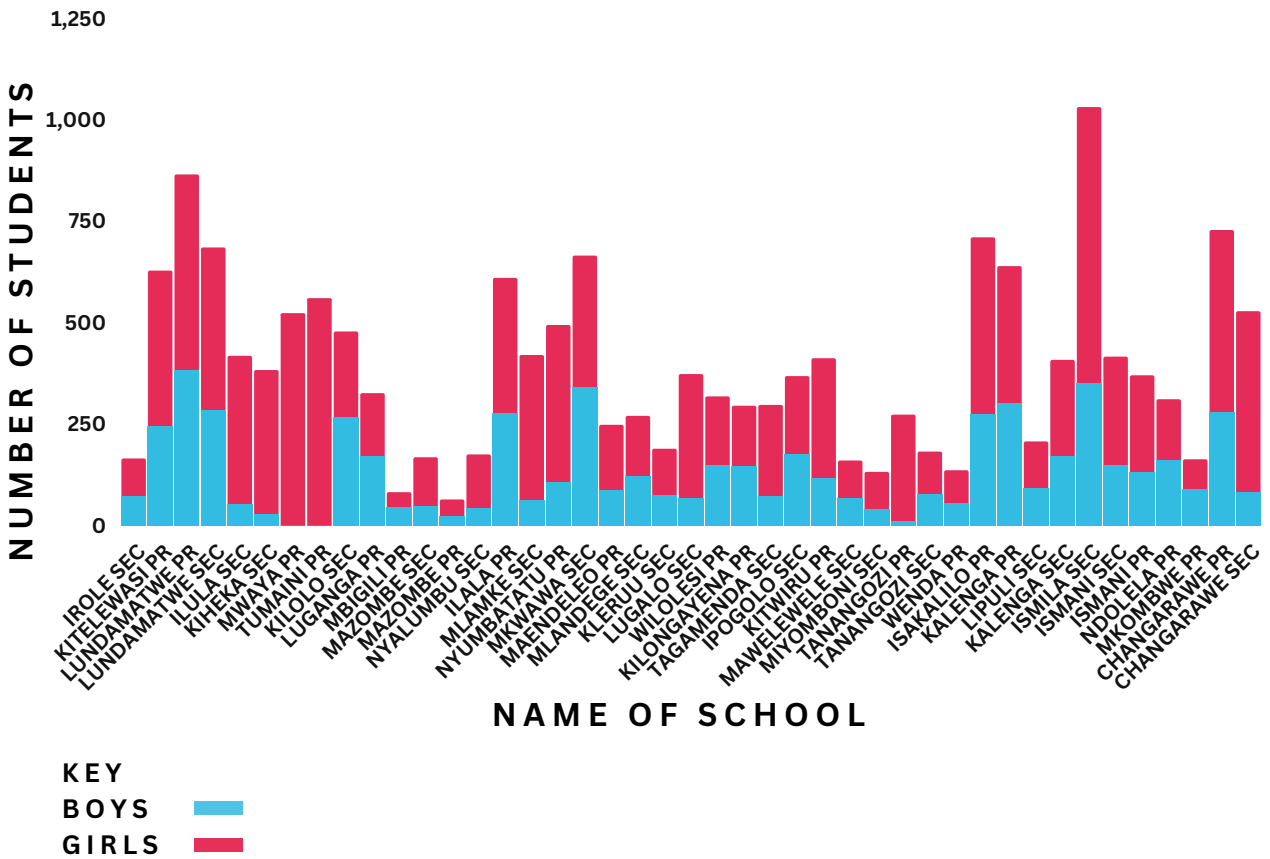
Afyaplus organization is working with community-based trainers, school teachers, and other government officials and through this collaboration has managed to conduct awareness sessions on adolescent sexual reproductive health and rights (ASRH) and good menstrual hygiene management (MHM).



Fig 3: Afyaplus Community-based trainer, Ms. Josephine Chengula conducting training on Menstrual Hygiene Management and Adolescents and Sexual Reproduction Health and Rights in Ipogolo secondary of Iringa MC.

In this reporting quarter, Out of 31887 students reached, a total of 9828 students (boys 4624 and 5204 Girls) are from Kilolo DC, 9544 students (boys 4465 and girls 5079) from Iringa Mc, 8339 students (boys 3818 and girls 4521) from Iringa DC, and 4093 students (boys 2023 and girls 2070) are from Mafinga Tc.

GRAPH THAT SHOWS THE NUMBER OF STUDENTS REACHED WITH ADOLESCENT SEXUAL REPRODUCTIVE HEALTH AND RIGHTS (ASRH) AND MENSTRUAL HYGIENE MANAGEMENT (MHM) EDUCATION



To conduct post survey in 29 schools of Iringa region to access understanding on Menstrual Hygiene Management (MHM) and Adolescent and Sexual and Reproductive Health and Rights (ASRHR).

After successfully completing our sessions in 46 schools in all districts, we conducted a post-survey to assess the understanding of Menstrual Health Management (MHM) and Adolescents and Sexual Reproductive Health and Rights (ASRHR) issues among school girls, boys, and teachers as well as the factors affecting menstruating girls at schools including the effects of unimproved MHM on girls from 25 schools of Mafinga TC, Kilolo DC, Iringa DC, and Iringa MC.



Fig 4: Afyaplus Organization Program Coordinator Ms. Namkunda Mbwambo conducting Menstrual Hygiene Management Campaign in Ilogolo secondary in Iringa MC.

To conduct capacity building of sewing reusable sanitary pads to 1154 students from 12 schools of Iringa region.

As a mechanism to improve access to quality sanitary products 1154 students (138 boys and 1016 girls) from 12 schools were capacitated on how to sew reusable sanitary pads. Out of 1154 students reached a total of 232 students were Girls from Kilolo DC, 382 students (boys 10 and girls 372) from Iringa Dc, 450 students (boys 114 and girls 336) from Iringa MC, and 90 students (boys 14 and girls 76) are from Mafinga Tc.



Fig 5: Students of Lugalo secondary school practicing sewing reusable sanitary pads during reusable sanitary pads sewing session.

LESSON LEARNT

1. Access to affordable and quality reusable pads contributes a lot to improving school girls' health, retention, and performance.

MILESTONE ACHIEVED

- 1.76% of the targeted students which is equal to 1154 students (138 boys and 1016 girls) from 12 schools were capacitated on how to sew reusable sanitary pads.

THE TABLE BELOW SUMMARIZES THE NUMBER OF STUDENTS REACHED WITH TRAINING OF SEWING REUSABLE SANITARY PADS PER SCHOOL .

S/NO	NAME OF SCHOOL	BOYS	GIRLS	TOTAL
1	IPOGOLO SEC	100	125	225
2	MLAMKE SEC	14	187	201
3	LUGALO SEC	0	24	24
4	KALENGA SEC	0	96	96
5	ISMANI SEC	0	79	79
6	TANANGOZI PR	10	46	56
7	ISMILA SEC	0	151	151
8	LUNDAMATWE SEC	0	137	137
9	KILOLO SEC	0	30	30
10	MAZOMBE SEC	0	65	65
12	CHANGARAWA SEC	14	23	37
12	J.J MUNGAI	0	53	53
13	TOTAL	138	1016	1154

B. WATER IN SCHOOLS PROJECT

In efforts to achieve sustainable development goals number 4 and 6, the Afyaplus organization implements a project that is inclusive for school children and profits more than 10000 school children, teachers, and other school workers in the Iringa region. The project funds depend on the fundraising events called Afyaplus WASH GALA, the main contributors are individuals, other WASH stakeholders, institutions, and business owners from Iringa Region. In this reporting quarter, the Afyaplus organization through the water in school project has been able to achieve the following progress.

To promote WASH services in schools through the construction of hand washing stations in 4 schools services in schools through the construction of hand washing stations in 4 schools

Funds raised during Afyaplu's third WASH Gala enabled the organization to construct hand washing stations in 3 secondaries namely Miyomboni, Mkwawa, Kalenga, and 1 primary school namely Kalenga.



Fig 6: Hand washing station constructed at Kalenga Secondary School in Iringa Municipal it's in operation.

The project is going to serve 2909 students (1228 boys and 1681 girls), teachers, and other workers. Out of 2909 students, 528 (236 boys and 292 girls) were from Kalenga Primary School, 918(375 boys and 543 girls) were from Kalenga secondary school, 545 (242 boys and 303 girls) from Miyomboni secondary school, and 918 (375 boys and 543 girls) from Mkwawa secondary school.



Fig 7: Students of Mkwawa secondary school practising proper hand washing procedures.

Provision of education on good sanitation and hygiene practices

During this quarter, the organization managed to provide education on good sanitation and hygiene practices to students 545(boys 242, and girls 303) from Miyomboni secondary school in Iringa Municipal. The major aim of this session was to raise awareness and cultivate behavior change among school boys and girls.



Fig 8: M&E officer, Mr. Nickson Shoo, demonstrating proper hand washing procedures, and its crucial role in maintaining good health to pupils of Kalenga Primary School.

GOAL 2. ADOLESCENTS GIRLS AND YOUNG WOMEN EMPOWERED TO EXPLOIT THEIR POTENTIAL TO THE MAXIMUM.

In an attempt to empower Adolescent girls and young women, the Afyaplus organization implements IMPROVE 100 project which is an inclusive project for young girls and women especially those who have dropped out of school due to different reasons such as pregnancy or financial status. The project imparts the necessary skills and knowledge that allow them to explore potentials, and opportunities, and improve their economic status.

In this reporting quarter, Afyaplus Organization managed to conduct the following activities through IMPROVE 100 project.

i. To conduct share-out distribution sessions in the Furaha and Upendo group of Tanangozi.

In this quarter Afyaplus Organization was able to visit the beneficiaries of the Improve 100 project present in the Furaha, Upendo, and Hekima groups to conduct a share-out distribution session in the Furaha and Upendo groups of Tanangozi. In line with that Afyaplus team managed to explore the challenges in operating and managing the group as well as the success achieved so far.



Fig 9 & 10: On the left Afyaplus Program Coordinator performing share out distribution to the Upendo group session and on the right members of the Upendo group posing for a photo after securing the share and profit during the culmination of their financial cycle in Tanangozi on June 30, 2023.



Fig 11 & 12: On the left Afyaplus Monitoring and Evaluation Officer Mr. Nickson Shoo performing share-out distribution to the Upendo group session and on the right members of the Furaha group listening share out distribution session attentively in order to secure the share and profit during the culmination of their financial cycle in Tanangozzi on June 30, 2023.

ii. Certificate awarding to Members of Hekima Group of Wenda

In this quarter Afyaplus organization in collaboration community development officer of Iringa DC managed to award certificates of completion to members of Hekima groups who completed the IMPROVE 100 curriculum.



Fig 13: Madam Stella Moshia, the Child Desk Coordinator of Iringa District, enlightens members of the Hekima group on the effective utilization of the training provided by Afyaplus organization in order to make positive changes in their lives, and to the lives of families and the community as whole.



Fig 14: IMPROVE 100 project beneficiaries of Hekima from Wenda village posing for a photo after receiving the certificate of completion of IMPROVE 100 cohort 3.

iii. Participating National Torch ceremony in Iringa DC

Afyaplus Organization took part in the National torch ceremony in Ugwachanya village, Iringa District Council, on May 3rd. We presented our achievements, including the Village Savings Groups (VSLAs) established through the IMPROVE 100 Project. VSLA members received training in various areas like mindset growth, entrepreneurship, personal finance, nutrition, and sexual reproductive health education. The members of VSLA Groups got a chance to display their products and exhibit their efforts to fight poverty. The event was attended by government officials and the national torch leader.



Fig 15: Afyaplus Project Officer and other IMPROVE 100 Beneficiaries demonstrate how IMPROVE 100 has helped them to strive away from Poverty and improve their lives in Ugwachanya village during the National Torch celebration.

EVENTS AND CAMPAIGNS

Menstrual Hygiene Campaign to school students

In addition to our regular sessions, we also celebrated World Menstrual Health Hygiene Day by Organizing an awareness campaign in schools to promote Menstrual Hygiene Management and awareness on Menstrual Health Hygiene Day, which is celebrated on May 28 yearly. We successfully engaged with two schools, Ipogolo Secondary, and Kalenga Secondary, as part of this initiative.



Fig 16: Menstrual Hygiene campaign session conducted on Ipogolo secondary school on May 24, 2023.



Fig 17: Menstrual Hygiene campaign session conducted on Kalenga secondary school on May 26, 2023.

Menstrual Hygiene Campaign to school parents and care givers

We recently conducted a campaign at Kalenga Secondary School on May 30th, where 362 members (180 women and 182 men) were reached and empowered on menstrual hygiene management (MHM) and adolescent sexual and reproductive health and rights (ASRHR) for parents and caregivers. It is essential to educate parents about MHM and ASRHR as it empowers them to support their children's growth and well-being. Parents and caregivers, being the primary contacts for their children, play a crucial role in this regard.



Fig 18: Project Officer Ms. Catherine Peter conducting an awareness campaign on Menstrual Health Hygiene for parents and caregivers of the Ulanda ward.

During the campaign, we engaged in open discussions, shared knowledge, and provided support to challenge societal taboos. By equipping parents with knowledge and resources, we assist them in guiding their children towards a healthier and more informed life.

Commemoration of Menstrual Health Hygiene Day at Dodoma City

On May 28, Afyaplus Organization participated in the national celebrations of Menstrual Health Hygiene (MHH) Day at the Jakaya Kikwete Convention in Dodoma. It was an excellent opportunity for us to showcase our projects specifically the Safe Pad lab project and how it has played a great role in promoting and minimizing challenges facing school girls during Menstruation which is being implemented in the Iringa region.

The theme of this year was "Menstruation is a fundamental and essential aspect of health for girls and women. #Let'sEmpower" and the guest of honor was the Deputy Minister for Health Dr. Godwin Mollel (MP).



Fig 19: Afyaplus Project Officer Ms.Catherine Lihokolelo explains in detail to the guest of Honor, the honorable Deputy Minister for Health Hon. Dr. Godwin Mollel (MP) about the work done by an Organization in promoting Menstrual Health Management through the Safe pad lab project.

OBJECTIVES OF THESE CAMPAIGN

- To create awareness to school students boys and girls about Menstrual Hygiene and Menstrual Hygiene Day.
- To remind and create awareness to parents and care givers on proper way of guiding their children and helping them in their menstruation.

Capacity building training.

Afyaplus organization successfully conducted capacity-building training for nine (9) staff. The primary objective of this undertaking was to enhance the proficiency and efficacy of Afyaplus staff in the areas of project writing skills, project management, and resource mobilization. By honing these skills, the training aimed to empower the staff to produce exceptional project documents that would be instrumental in generating compelling grant proposals and acquiring resources.

This training was conducted by the external trainer Mr. Constantine Shirati, Project Management consultant for three days training from 26- 28, June 2022 at Afyaplus office.



Fig 20: Project Management consultant Mr. Costantine Shirati, delivered comprehensive training to the Afyaplus team, focusing on project writing skills, resource mobilization, and project management.

OBJECTIVES OF THIS TRAINING

The major aim the training was to strengthen staff capacity and effectiveness in preparation of excellent project paper that will be useful in preparation and writing of excellent and convincing grants proposal and to mobilize resources.



Fig 21: Afyaplus team capacitated on project writing skills, Project Management ,Resource Mobilization and Team building on June 26, 2023.

MILESTONE ACHIEVED

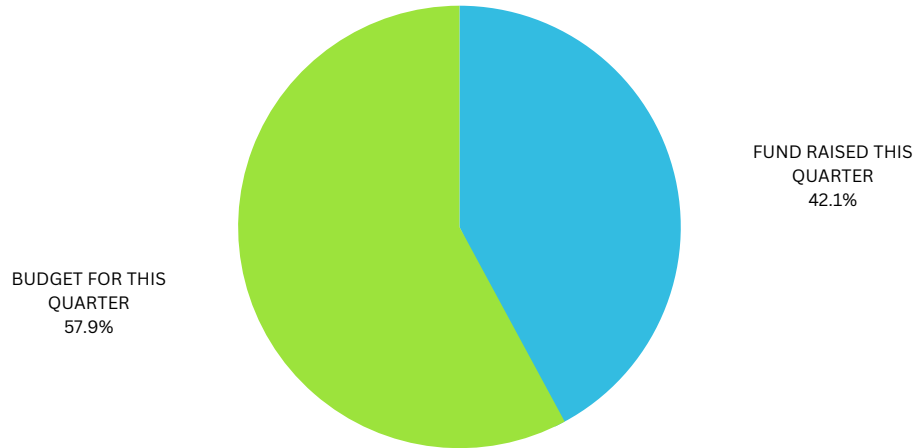
1. Afya plus team manage to know how to prepare the clear budget, that clarify each aspect to easier any outsiders such as donor to get the full picture on how the funds will be disbursed.
2. Through this session Afyaplus team managed to know in detail on how to develop sound project titles and objectives, that is very clear and understandable from first site.
3. The Afyaplus team know to develop, the clear project back group with the recent information.

MILESTONES ACHIEVED IN THIS QUARTER

1. Afyaplus Organization has successfully constructed four hand washing stations in Miyomboni Secondary, Kalenga Secondary, Mkwawa Secondary, and Kalenga Primary School. and hand over two hand washing stations in Miyomboni secondary school and in Kalenga secondary school.
2. The Afyaplus organization managed to capacitate 76% of students which is equal to 1154 students (138 boys and 1016 girls) from 12 schools with skills and knowledge of how to make reusable sanitary pads.
3. The Afyaplus organization managed to conduct awareness sessions for 31887 students (14930 boys and 16874 girls) from 46 schools regarding good menstrual hygiene management (MHM) and Adolescent sexual reproductive and health (ASRH) issues.
4. We have accomplished a significant milestone by effectively coordinating and executing a campaign focused on raising awareness about Menstrual Hygiene Management. Our efforts were centered around Menstrual Hygiene Management Day, observed annually on May 28th, targeting school students, parents, and caregivers. Notably, we successfully reached out to Ipogoro Secondary School, Kalenga Secondary School, as well as the parents and caregivers in the Ulanda ward.
5. Afyaplus has accomplished a significant milestone by organizing a successful share-out distribution session for both the Upendo Group, consisting of 22 members and the Furaha Group, comprising 17 members in Tanangozi Village. This annual event serves as the crowning moment of their financial cycle. Additionally, it's worth noting that these groups have already commenced a fresh financial cycle.
6. In Order to strengthen the organization's growth. We have successfully hired two skilled interns who will greatly strengthen our finance and monitoring & evaluation departments. Their valuable contributions will improve our operations and help us succeed.
7. We have accomplished a significant milestone by organizing a training program focused on enhancing the skills of our staff in project writing, project management, and resource mobilization. This training will prove invaluable in enabling our team to prepare and create outstanding grant proposals, as well as effectively mobilize resources.

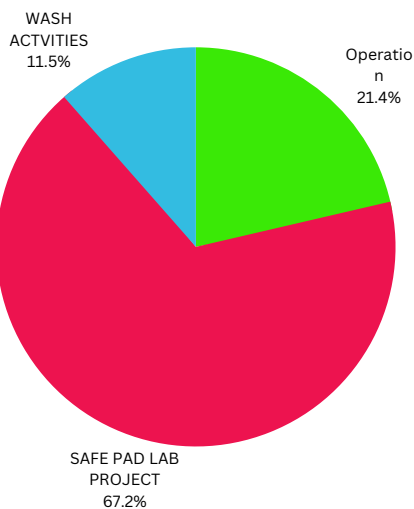
FINANCIAL UPDATES

FUND RAISED THIS QUARTER	27,602,541.34Tsh
BUDGET FOR THIS QUARTER	37,944,398.15 Tsh



QUARTER TWO EXPENSES

NAME OF PROJECT	AMOUNT
OPERATION	6,566,998.15 Tsh
SAFE PAD LAB PROJECT	20,648,200.00Tsh
WASH ACTIVITIES	3,529,200.00 Tsh
TOTAL	30,744,398.15Tsh



Our esteemed donors and partners

Afyaplus Organization acknowledges and appreciates the valuable assistance and support received by Donors, Development Partners, Government, and other Stakeholders, whose substantial contributions have significantly contributed to the the growth of the organization, advancing our mission to extend of reaching more communities.



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