



# QUARTER FOUR REPORT

**OCTOBER - DECEMBER**

## About Afyaplus organization

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AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women.

The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, and hygiene and empower adolescent girls and young women in a community.

### Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation and hygiene services and empowerment of adolescents girls and young women through engaging relevant stakeholders

### Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation and hygiene services; and where adolescent girls and young women are empowered.

### Where we work

- Iringa Municipal Council
- Iringa District Council
- Kilolo District Council
- Mafinga Town Council



## STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Afyaplus Organizational Capacity Improved.



Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.



## GOAL 1: WATER, SANITATION, AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITIES

In this reporting quarter, Afyaplus has continued its development agenda of Preventing WASH-related diseases through promoting WASH facilities in Schools, provision of WASH training, and promoting behavior change together with advocacy and lobbying for support from decision-makers for improved WASH services in schools and the communities through the two projects of the safe pad lab and water in schools.



*Fig 1: Afyaplus team and students posing for a photo after launching the hand washing stand at Igingilanyi primary of Iringa DC*



## A: THE SAFE PAD LAB PROJECT

The Safe Pad Lab project is a three-year project funded by Malala Fund and implemented in 50 schools within four councils, mention their names are: Iringa Municipal Council, Iringa District Council, Kilolo District Council, and Mafinga Town Council. We would like to express our gratitude to the Afyaplus team for continuing with the implementation of the safe pad lab project within the four districts of the Iringa region.

### **The objective of the safe pad lab project**

The project aims at breaking down barriers school girls face during menstruation and to build awareness of good Menstrual Hygiene Management (MHM) and Sexual Reproductive Health (SRH).



*Fig 2. Students of Nyumbatatu primary at Iringa MC participating in Menstrual hygiene management (MHM) and Adolescent sexual and reproductive health (ASRH) awareness sessions*

## ACTIVITIES AND ACHIEVEMENTS

**To conduct stakeholder meetings with representatives from school management teams district management and regional management teams.**

In this reporting quarter, Afyaplus Organization managed to conduct stakeholder meetings with a school management team to share project success, and challenges, and plan together the way forward. On behalf of the local government authority, the guest was honor. Hon. Martha Luambano appreciates Afyaplus for their efforts and commitment to serving the community. She promised to cooperating and insisted the school management terms fully cooperate and use the safe pad labs effectively to produce sanitary pads as it will help to keep girls in school, to give them confidence and improve school performance.



*Fig 3. Afyaplus team conducting stakeholder meeting with representative from LGA, school management team and community based trainers.*



**To conduct awareness sessions on adolescent sexual reproductive health and rights (ASRH) and menstrual hygiene management (MHM) to 8861 students (2614 boys and 6247 girls ) from 38 schools of Iringa.**

In this quarter, the Afyaplus organization through community-based trainers, school teachers and other government officials managed to create awareness on adolescent sexual reproductive health and rights (ASRH) and menstrual hygiene management (MHM) among 8861 students (2614 boys and 6247 girls) from 38 schools of Iringa has been reached with MHM and ASRH session conducted by community based trainers.



*Fig 4: A Student of Mlamke sec of Iringa MC participating in Menstrual hygiene management (MHM) and Adolescent sexual and reproductive health (ASRH) session .*

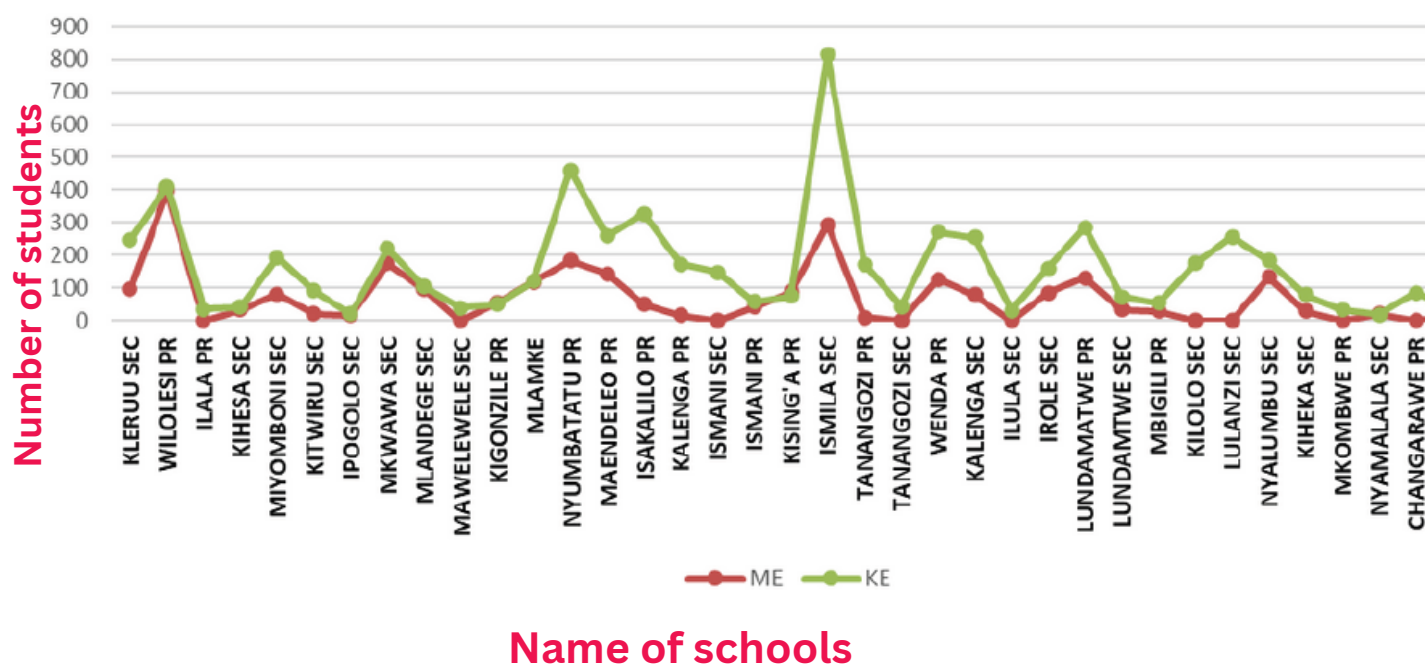
*Fig 5: Capacity building on Menstrual hygiene management (MHM) and Adolescent sexual and reproductive health (ASRH) conducted to Students of Isakalilo Primary in Iringa Dc .*



## MHM awareness sessions were conducted with the following objectives

- To educate and increase awareness of menstrual hygiene management to adolescent girls in school
- To educate boys on menstrual hygiene and the importance of providing peer-support to adolescent and menstruating girls in schools.
- To clear the wrong myth attached to MHM
- To support girls in learning and practicing good menstrual hygiene management.

## GRAPH SHOWS ADOLESCENT SEXUAL REPRODUCTIVE HEALTH AND RIGHTS (ASRH) AND MENSTRUAL HYGIENE MANAGEMENT (MHM) SESSION CONDUCTED PER SCHOOL





### Establishment of 15 Safe Pads lab in 15 schools of Iringa

In this quarter, Afyaplus has been able to establish the safe pad labs in 15 schools of Iringa ( 5 schools of Iringa MC, 4 schools of Iringa DC, 4 schools of Kilolo DC, and 2 of Mafinga (TC) by supporting these schools with raw materials for producing reusable sanitary pads and 75 machines.



*Fig 6. Afyaplus Executive director. Ms. Suzan Yumbe, headmistress of Ipogolo sec and representative from local government authority of Iringa signing handover agreement after receiving 5 machine and raw materials for the production of pads at the secondary school in Ipogolo*

So doing it will help to increase girls' confidence and dignity among school's girls of 52 schools in the Iringa region as the production and access of reusable sanitary pads will increase.



*Figure 7: Assistant regional education officer (RAEO) Hon. Martha Luambano while handling over the materials and 5 machines to the headmistress of Ipogolo secondary school*



## WATER IN SCHOOLS PROJECT

Working towards achieving sustainable development goals number 4 and 6, the Afyaplus organization implements this project which is inclusive for school children with disabilities and it's going to accommodate more than 10000 school children, teachers, and other school workers in the Iringa region. The project is non-funded but is implemented through funds generated on fundraising event called Afyaplus WASH GALA.

In this reporting quarter, the Afyaplus organization through the water in school project has been able to achieve the following progress.



Fig 8 : Students of Igingilanyi primary in Iringa MC washing their hands at hand washing facility built by Afyaplus.

**To cultivate behavior change among school boys and girls through the construction of hand washing stations in two schools namely Igingilanyi and Igumbilo primary**

This project is going to serve a total of 1263 students (565 boys and 698 girls) whereby 832 students (348 boys and 484 girls) are from Igumbilo primary school and 431 ( 217 boys and 214 girls) are from Igingilanyi Primary and will be able to wash their hands frequently and reduce the chance of WASH-related infections that can be spread from one person to another through contaminated hands.

**Provision of education on good sanitation and hygiene practices**

During this quarter, the organization managed to provide education on good sanitation and hygiene practices to 1263 students (boys 565 and girls 698) whereby 832 students (boys 348 and 484 girls) are from Igumbilo primary school and 431 (boys 217 and 214 girls) are from Igingilanyi Primary.




*Fig 9: Afyaplus project officer, Ms. Catherine Peter demonstrating proper hand washing procedure to students of Igumbilo primary.*






*Fig 10. Afyaplus team and students of Igingilanyi posing for a photo during the launching of the handwashing facility.*



**AFYA** SHG



“Natoa shukurani za dhati kwa shirika la AfyaPlus kwa mradi wa maji mashuleni na kujenga sehemu za kunawa mikono kwani utaleta chachu katika ufundishaji na ujifunzaji kwa maana wanafunzi wetu watakuwa na mazingira mazuri ya usafi, lakini vilevile mradi huu utasaidia sana katika kuzuia magonjwa ya nayotokana na ukosefu wa maji safi na salama”

“I express my sincere gratitude to the Afyaplus organization for the project of water in schools and the construction of hand washing stations. Because it will bring a boost in teaching and learning as our students will be in a good hygienic environment. And this project will also help in preventing the impacts caused by the lack of clean water and safe.”

**EDSON MPOGOLE**  
Health officer Kising'a

## GOAL 2. ADOLESCENTS GIRLS AND YOUNG WOMEN EMPOWERED TO EXPLOIT THEIR POTENTIAL TO THE MAXIMUM

The Improve 100 project includes more adolescent girls and women more than 200 especially those who have dropped out of school due to different reasons such as pregnancy or financial status. Improve 100 Cohort 3 aims to empower adolescent girls and young women aged 16-30 with the necessary skills which will allow them to explore their capacities and improve their economic status.



*Fig 11. Afyaplus project officer, Ms.Catherine Peter assisted the adolescent girls and young women to fill the baseline questionnaires*



In this reporting quarter, Afyaplus organization manages to conduct the following activities through Improve 100 project.

**To empower adolescents' girls and young women aged between 16-30**

In this quarter, 12 adolescent girls and young women aged 16-30 were empowered in different areas on the following issues; mindset growth, sexual reproductive health, nutrition, entrepreneurship, and financial management through Village Savings and Loans Associations (VSLAs) These sessions have improved their mindset, economic status as well as increased on decision-making power at household level and the community as whole.



*Fig 12. Afyaplus Project Officer, Ms. Dabiesy Bituro at the top and Nelly Ponera at the bottom conducting session to adolescent girls and women of Wenda village*





**Enhancing capacity for personal financial management through village savings and loan associations (VSLA) among adolescent girls and young women.**

Adolescent girls and young women were capacitated on how to operate and manage Village Loan Savings Associations (VSLAs) through the M-KOBA Digital Platform using Mobile Phones together with personal Finance Management through Village Loan Savings Association (VLSA) by saving and accessing loans with lower interest.



**Fig 13. Afyaplus project officer Miss. Nelly Ponera conducting training on personal financial management to adolescent girls and young women of Wenda Village in the Mseke ward**

By so doing, the saving behavior of adolescent girls and young women will improve as their chance for saving will increase due to the availability of Village Savings and Loan associations in their community. As a success of this activity, a group of 12 members called Hekima was formulated.



## GOAL 3: AFYAPLUS ORGANIZATION CAPACITY IMPROVED

To conduct M&E capacity building workshop for 6 members of Afyaplus



The Afyaplus team was equipped with the necessary skills and knowledge on how to use the kobo toolbox in data collection, management, and analysis, how to prepare the performance Measurement Framework (PMF), data analysis and interpretation

*Fig 14: M&E Consultancy Mr. Rashid Bunda conducting session to Afyaplus team*

The training was conducted by M&E Consultant, Mr. Rashid Mbunda and Mr. Avidace Theophil at AfyaPlus Offices - Gangilonga, Iringa MC from 21th - 22th October, 2022 and the starting time of the training was from 0900hrs to 1600hrs. Participant were capacitated on M&E, kobo toolbox, data analysis and how to write M&E report.



*Fig 15: Afyaplus team participating in the M&E workshop*

## EVENTS AND CAMPAIGNS

### Commemoration of world toilet day

In this quarter Afyaplus as one of the WASH actors participated in the commemoration of World Toilet which was conducted at the regional level on 15th Nov 2022 at Kichangani Iringa under the theme of "making the invisible visible."

Every year, World Toilet Day celebrates toilets and aims to raise awareness of the 3.6 billion people worldwide living without access to them. This year's event focuses particularly on the impact of the sanitation crisis on groundwater.



*Figure 16. Afyaplus Program coordinator Ms. Namkunda Mbwambo, briefing the guest of honor Mr. Peres a district commissioner of Kilolo, on the projects that AfyaPlus Org. implement to the society during the commemoration of World toilet at Kichangani grounds.*



Through this event, the Afyaplus team manage to present the organization's movement and the projects which are implemented to prevent the school pupils and the community from the disease caused by poor services of water, sanitation, and hygiene.

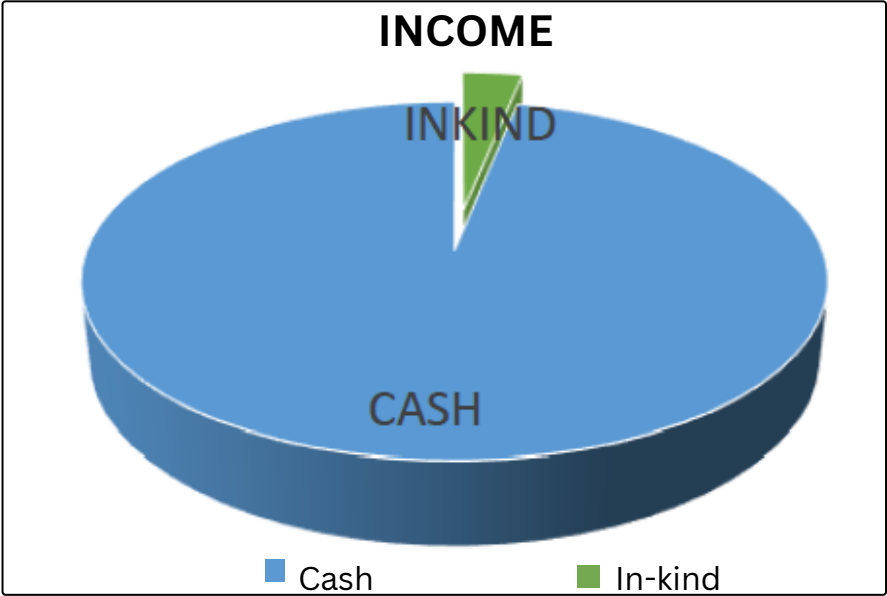


*Figure 17. Afyaplus Project officer Ms. Catherine Peter, briefing ward education officer of Kilolo DC on the projects that AfyaPlus Org. implement to the society during the commemoration of World toilet at Kichangani grounds.*

# FINANCIAL UPDATES

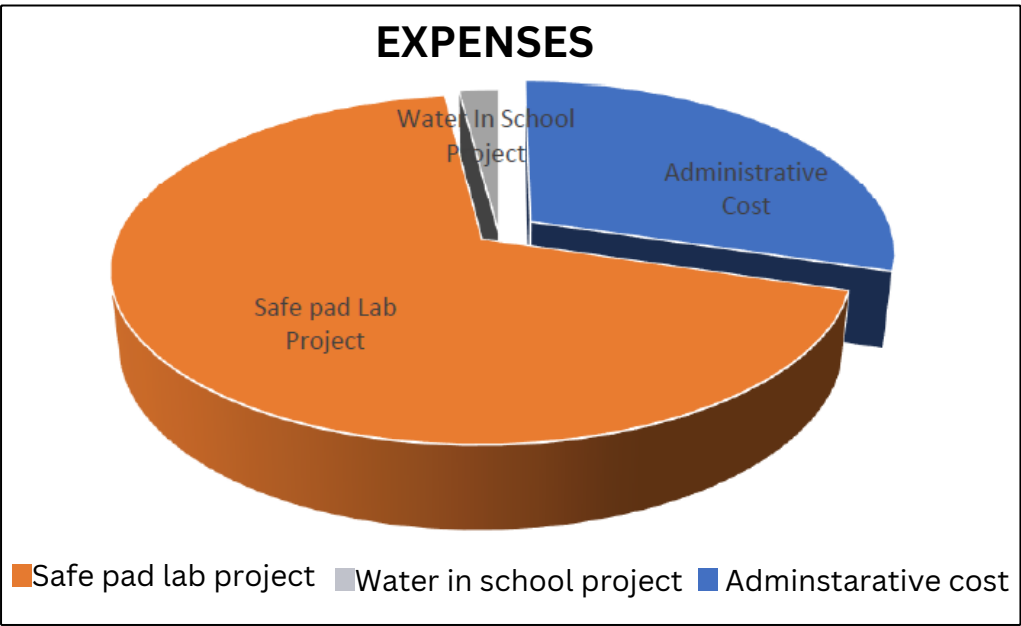
## QUARTER FOUR ICOME

Cash	49,045,596.72/=
in-kind	1,600,000/=



## QUARTER FOUR EXPENSES

Safe pad lab project	40,937,128.7/=
Administrative cost	17,750,000/=
Water in school project	1,210,000/=





## MILESTONES ACHIEVED IN THIS QUARTER

- i) During the implementation of Afyaplus projects community, government leaders and other stakeholders show good cooperation.
- ii) Afyaplus organization has managed to mobilize resources internally and externally and submit 10 projects to different donors
- iii) 8861 students (2614 boys and 6247 girls ) from 38 schools in the Iringa region increased their knowledge of MHM and ASRH issues.
- iv). 15 labs for producing reusable sanitary pads were established in the school of Iringa and supporting them with 75 Machines and 75 Meters of materials (5Machines and 5 meters of materials per school).
- v) Manage to complete construction of 2 hand washing facilities in 2 schools of Iringa region.
- vi). Increased knowledge of good sanitation and hygiene practices among 1263 students (boys 565 and girls 698) of Igumbilo and Ingilanyi primary.
- vii). Through Improve 100 project Afyaplus manage to formulate 1 group of Village Savings and Loans Associations (VSLA) of adolescent girls and young women aged 16-30 of Mseke ward, Iringa DC which allows 12 adolescent girls and women to access loans with low interest, save money and archive good financial returns.

## Our esteemed donors and partners

**MALALA**  
**FUND**



**GlobalGiving**

## Welcome to our social community



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