



AFYAPLUS QUARTER-3 REPORT 2022

ABOUT AFYAPLUS

AFYAPLUS is a not-for-profit organization operating its core development agenda of prevention and control of diseases through promotion of water sanitation and hygiene (WASH) and empowerment of girls and young women. Initially, the organization was established and registered in June 2017 as a Community Based Organization (CBO) operating in Iringa region. Later, in June, 2020 it attained registration as a Non-Governmental Organization (NGO) under the Non-Governmental Organizations Act, No. 24 of 2002 as amended from time to time.

Afyaplus Organization dealing with prevention and control of diseases through Water Sanitation and Hygiene (WASH), adolescent girls and young women empowerment and also sexual reproductive health. The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation and hygiene and empower adolescent girls and young women in a community.

OUR MISSION



TO CULTIVATE BEHAVIOR CHANGE AND BUILD A STRONG COMMUNITY THROUGH THE PROMOTION OF WATER SANITATION AND HYGIENE SERVICES AND EMPOWERMENT OF ADOLESCENTS' GIRLS AND YOUNG WOMEN THROUGH ENGAGING RELEVANT STAKEHOLDERS.

OUR VISION



A RESPONSIBLE HEALTHY TANZANIAN COMMUNITY FREE FROM DISEASES CAUSED BY UNSAFE WATER, POOR SANITATION AND HYGIENE SERVICES; AND WHERE ADOLESCENT GIRLS AND YOUNG WOMEN ARE EMPOWERED.

STRATEGIC GOALS



Water, Sanitation and Hygiene (WASH) Services Improved in Schools and Community.

Adolescent Girls and Young Women Empowered to Exploit their Potential.



Afyaplus Organizational Capacity Improved.



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GOAL 1: WATER, SANITATION AND HYGIENE (WASH) SERVICES IMPROVED IN SCHOOLS AND COMMUNITY.

A survey revealed that 6% of the schools have no latrines, 84% have no hand washing facilities, 86% have no water for hand washing and 38% of the schools have no water supply. Resolving on the above challenges, Afyaplus organization conduct the following projects namely the safe pad lab and water in schools through construction of hand washing facilities.

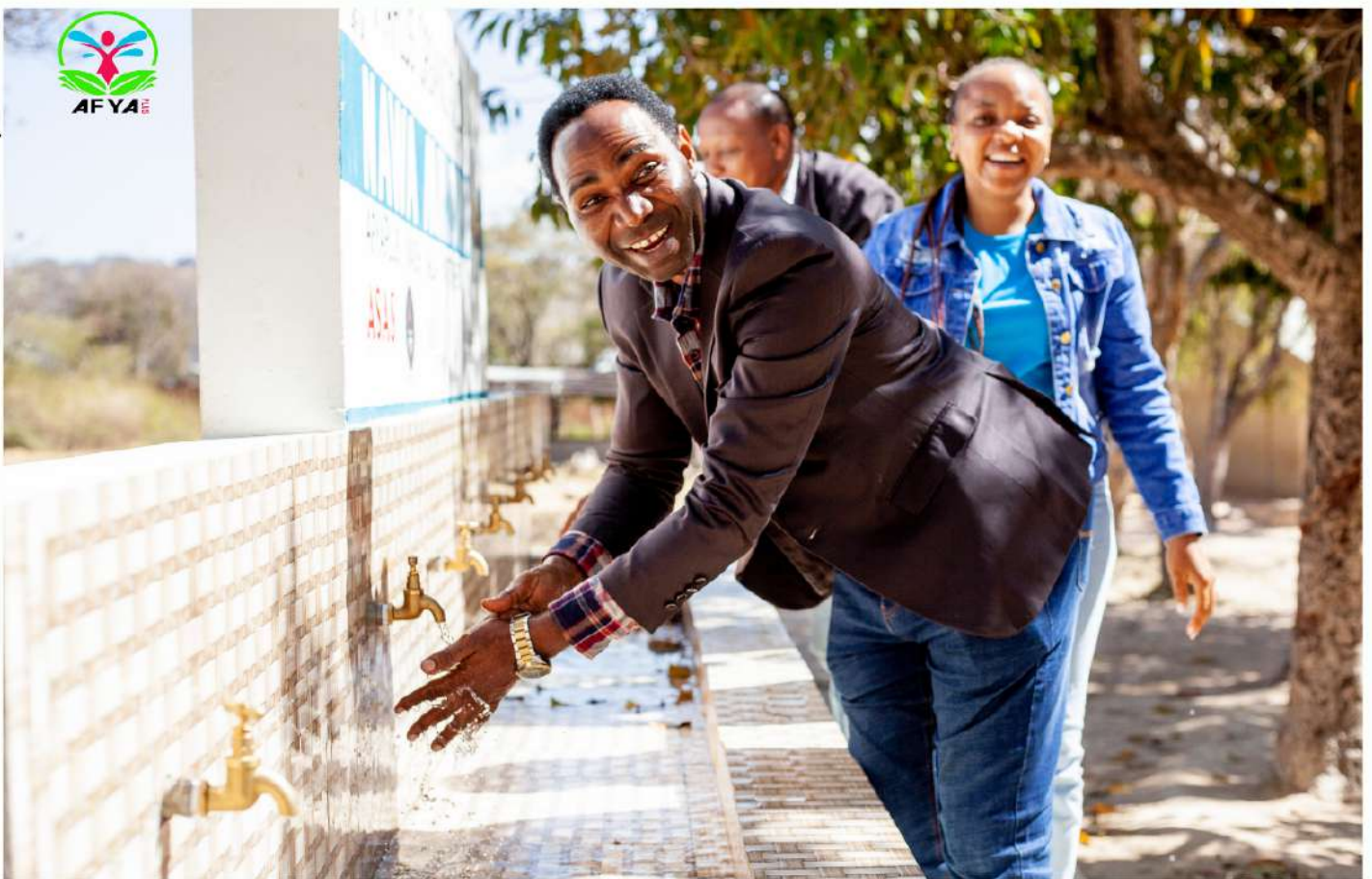


Fig 1: Afyaplus board member and afyaplus excutive director during supervision of hand washing facility constructed by Afyaplus at Kibwabwa

A .THE SAFE PAD LAB PROJECT

The Safe Pad Lab project is a three year project funded by Malala Fund and implemented in 50 schools within four districts, mention their names are: Iringa Municipal Council, Iringa District Council, Kilolo District Council and Mafinga Town Council. We would like to express our gratitude to Afyaplus team for continuing with implementation of the safe pad lab project within the four districts of Iringa region.

Objective of the safe pad lab project

The project aims at breaking down the silence attached to menstruation and to build awareness on good Menstrual Hygiene Management (MHM) and Sexual Reproductive Health (SRH).



Fig 2: Community based trainer. Miss.Tamasha while conducting MHM session at Nyalumbu sec in Kilolo dc

ACTIVITIES AND ACHIEVEMENTS.

1. Conducting baseline survey in 30 selected schools from four districts namely Iringa municipal, Iringa district council, Mafinga town council and Kilolo District council.

In this reporting period, Afyaplus Organization managed to organize school baseline survey before a project kicks off, with the aim of assessing the understanding of MHM and ASRH issues to school girls, boys and teachers as well as the factors affecting menstruating girls at schools including effects of unimproved MHM to girls in 30 schools of Mafinga Tc, Kilolo district, Iringa district and Iringa Municipal.



Fig 3. Afyaplus program coordinator , Miss.Namkunda Mbwambo while conducting baseline survey at Mazombe sec in Kilolo Dc.

The survey focused on measuring students' awareness on MHM and SRH, Source of knowledge, most preferred sanitary pads and its availability in their environment, availability of emergency pads and changing rooms in schools, Presence of water and toilets in schools.

By Understanding various barriers affecting girls at school will help to improve MHM practice among the school girls, sensitize and educate the school management on menstrual hygiene management and requirement of girl friendly toilet, sanitary products and to recommend for the improvement in rural schools.

The following issues were discovered during baseline survey

- **31.29 % of girls responded to lack access on Sanitary materials.**

Through this study it was shown that majority of girls worries on how to access sanitary materials hence girls tend to use cloth which ignores safety and hygiene.



Fig 4. Community based trainer Mis. Maria Kidava conducting baseline survey at Tagamenda sec.

“Due to insufficient sanitary materials in our school, many students tend to use old cloth (vikanga) as an option to absorb their menstrual blood. I believe this project will reduce the problem and help girls to absorb menstrual blood in safety and hygiene” said by student from Tagamenda sec school.

- **71.11% of schools provide seasonal emergency sanitary pads to their students during menstruation while 28.89% do not provide emergency pads at all.**

Majority of teachers reveal that there is no budget allocated for emergency pads rather than seasonal pads distributed as gift by different stakeholder. Students acknowledges the gifts received as they help them during emergency but its availability is not guaranteed.



Fig 5. Afyaplus project officer, Miss.Catherine Peter conducting baseline survey at Tagamenda sec

“It’s not a guarantee that emergency pads are always there, the distribution is done if only we receive gifts from different stakeholders especially in the commemoration of menstrual hygiene day so it can be once or twice per year depending on the quantity received, “said by Teacher from Tagamenda secondary school during baseline survey.

- **Inadequate changing rooms and incinerators at schools.**

In all 30 schools visited 46.67% of schools do not have changing/resting rooms for privacy and soap which cause the 18.26% of school girls to stay at home throughout the menstrual period without attending school.



Fig 6. School girls of Mazombe sec sharing experiences on MHM practices at their school.

On the other hand, 53.3% of schools do not have incinerators or place for destroying used sanitary pads hence it result to environmental pollution and destruction of toilet sewage system.



Fig 7 . Afyapplus project officer. Miss.Catherine Peter, while conducting baseline survey on ASRH at Tagamenda sec.

On ASRH, 57.96% of students responded to have knowledge and awareness about puberty and sexuality from school while 42.04 % of students responded to lack knowledge and awareness about puberty and sexuality and this may result to have implications on their health, education as well as their economic development.



Fig 8 . Project officer. Miss Catherine while conducting baseline survey on ASRH at Tagamenda sec

2. Conducting MHM awareness session to 17 schools (6 from Iringa district council 6 from Kilolo District council and 5 from Iringa MC).



Fig 9. MHM session conducted at Mlamke sec by Afyaplus community trainer. Miss Josephine Chengula



In this reporting quarter MHM awareness sessions were conducted to 2431 students on issues related to changes during puberty, menstrual myth, importance of good menstrual hygiene management and the relationship between sexual reproductive health and menstrual hygiene management.

Fig 10. Student from Nyumbatatu sharing ideas during MHM session.



Fig 11. Community based trainer Miss.Mary Mhungulu conducting sessions to pupils of Isakalilo Primary

MHM awareness were conducted with the following objectives

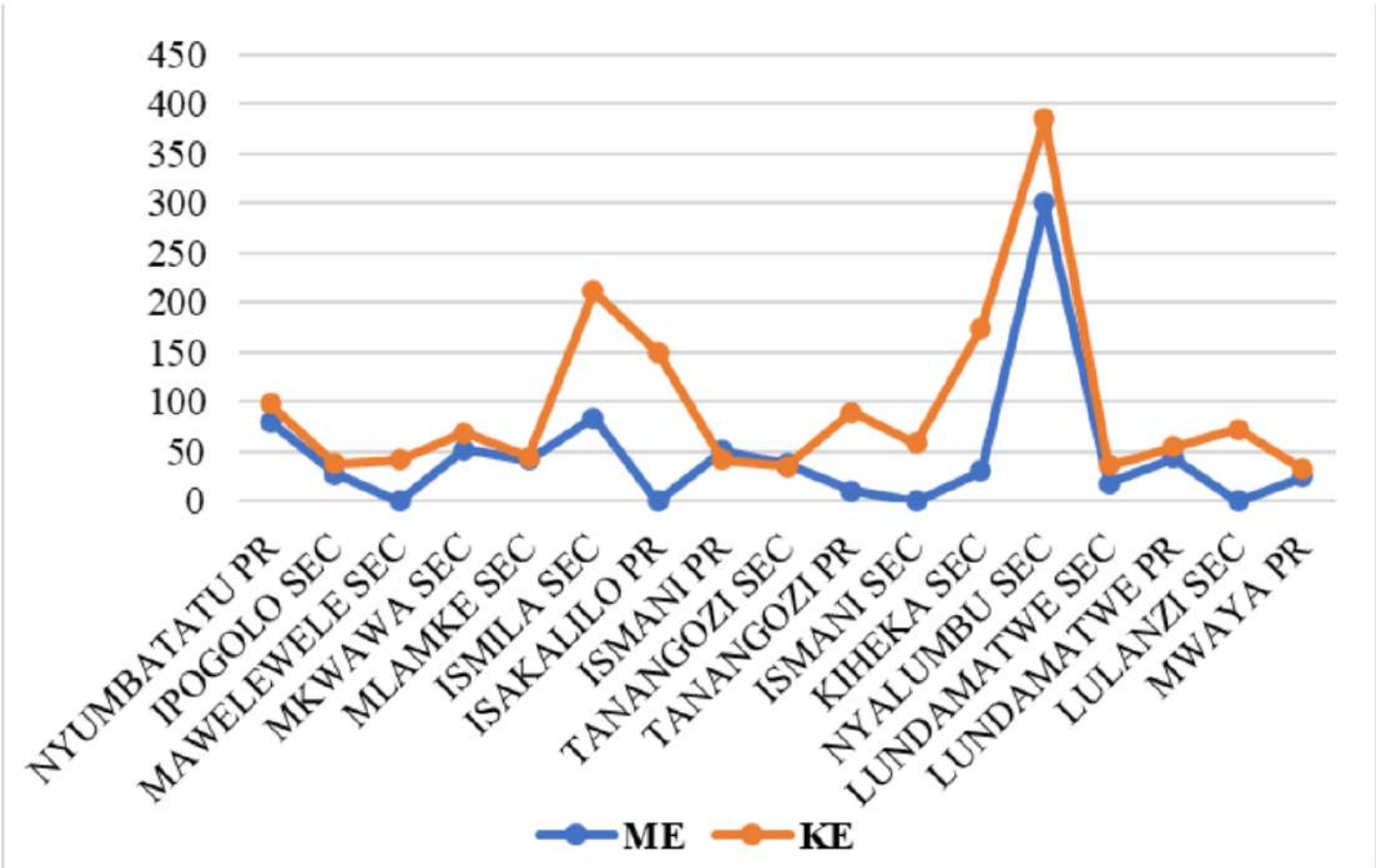
- To educate and increase awareness on menstrual hygiene management to adolescent girls in school
- To educate boys on menstrual hygiene and importance of providing peer-support to adolescent and menstruating girls in schools.
- To clear wrong myth attached to MHM
- To support girls in learning and practicing good menstrual hygiene management.



Fig 12. Afyaplus program coordinator, Mis. Namkunda Mbwambo and Community based trainer, Miss.Tamasha conducting MHM session at Nyalumbu sec.

2431 students (1631 girls and 798 boys) from 17 schools of Iringa whereby 1171 students (756 girls and 415 boys) from Kilolo dc, 768 Students (585 girls and 183 boys) from Iringa DC, and 490 students (290 girls and 200 boys) from Iringa Mc.

MHM AWARENESS SESSION PER SCHOOL PER SEX



3. Capacity building to school girls and boys on how to produce reusable sanitary pads

In this reporting quarter, Afyaplus has managed to capacitate 30 schools' girls and boys on how to produce reusable pads. Sessions conducted on materials arrangement, material cutting procedures, sewing and buttons pressing/fixing.



Fig 13. School girls and boys of Ipogolo sec trained on how to produce reusable sanitary pads by Afyaplus Volunteer .Miss Irene



Fig 14. Students of Ipogolo sec school practicing on how to make reusable pads



Fig 15. Students of Ipogolo sec posing for photo after the session of making reusable sanitary pads.

B. WATER IN SCHOOLS PROJECT.

According to research conducted by UNICEF in 2017 effective hand washing behavior may reduce the transmission of infectious diseases by 42%-47%. Afyaplus Organization set a goal of improving water, sanitation and Hygiene (WASH) services in schools through construction of handwashing in schools, conducting awareness sessions, advocate and lobby for support from decision makers. Working towards achieving the Sustainable development goals number 4 and 6, Afyaplus Organization set a goal of improving water, sanitation and Hygiene (WASH) services in schools through construction of handwashing in schools, conducting awareness sessions, advocate and lobby for support from decision makers.



Fig.16: Hand washing facility constructed at Igumbilo primary by Afyaplus and other WASH gala stakeholders

In this reporting quarter Afyaplus organization in collaboration with the government and other WASH GALA stakeholders managed to facilitate promotion of WASH services in schools through construction of hand washing stations in 1 school namely Igumbilo primary.

Through this project a total of students 732 (Male 348 Female 484) will be able to wash their hands frequently and reduce the chance of waterborne infections that can be spread from one person to another through contaminated hands.



Fig 17: Board member and Afyaplus director. Miss.Suzan Yumbe while conducting supervision of project of water in school at Mivinjeni sec in Iringa Mc



Fig 18. Afyaplus board member, executive director, project officer and Teacher posing for photo after conducting supervision at Mivinjeni sec



Story from kibwabwa primary



Fig 19 : Head teacher from Kibwabwa primary sharing how the hand washing facility has helped their students

"The hand washing facility has been so helpful to our student as they can wash their hands easily and the spent a little time washing their hands and plate because the facility accommodate 9 students at once compared to previous where we had only one water tap" said by head teacher from Kibwabwa primary.

GOAL 2. ADOLESCENTS GIRLS AND YOUNG WOMEN EMPOWERED TO EXPLOIT THEIR POTENTIALS.

The improve 100 Project is the inclusive project for young girls and women more than 200 especially those who has drop out from school because of different reasons such as pregnant or financial status that led them to continue with school. Improve 100 Cohort3 aims to empower adolescents' girls and young women aged 16-30 with necessary skills which will allow them to explore their capacities and improve their economic status.

In this reporting quarter Afyaplus organization managed to conduct the following activities through IMPROVE 100 project

1.Awarding certificate to graduates of IMPROVE 100 Cohort 3 and participate in the official launching of women's forum at Mseke ward



Fig 20: Certificates provision to Beneficiaries of IMPROVE 100 Cohort 3

Afyaplus organization managed to award certificate to graduates of IMPROVE 100 Cohort 3 for the completion of theory and practice in the curriculum.

2. Launching of the Improve 100 project at Wenda village in Mseke ward.

In Aug 2022 Afyaplus organization in collaboration with government managed to launch the IMPROVE 100 project at Wenda village whereby adolescent girls and young women will be able to be trained in difference areas; such as mindset growth, Adolescent Sexual reproductive health and rights (ASRHR), Menstrual hygiene management (MHM), nutrition, and personal finance management through village savings and loan associations (VSLA).



Fig 21: Afyaplus project officer Miss. Nelly Ponera while launching the IMPROVE 100 project cohort 3 at Wenda Village in Mseke ward

3. Conducting baseline survey to IMPROVE 10 beneficiaries of Wenda Village

Afyaplus managed to conduct baseline survey to IMPROVE 100 beneficiaries for the purpose of assessing their entrepreneurial knowledge, perception and their engagement in entrepreneurship activities. By so doing it will help the organization to figure out how to implement the project and where to start with.



Figure 22. Afyaplus project officers Ms. Nelly Ponera assisting the Improve 100 beneficiaries on filling the questionnaires

3. Conducting 2 weeks training on IMPROVE 100 curricula as well as the guideline for Village savings and loan associations (VSLA)

Adolescent girls and young women aged 16-30 were trained on the following issues; mindset growth, sexual reproductive health, nutrition, entrepreneurship and personal financial management through Village Savings and Loans Associations (VSLAs).



Fig 23: Project Officer. Miss Dabiesy Bituro while conducting IMPROVE 100 training to beneficiaries at Wenda village

4. Formulating village savings and loan association groups (VSLAs)

Adolescent girls and young women were capacitated on how to operate and manage Village Loan Savings Associations (VSLAs) through M-KOBA Digital Platform using Mobile Phones together with the importance of VSLA groups in personal Finance Management by saving and access loans with lower interest. Through these sessions one group of VSLA namely Hekima was formulated.

5. Conducting supportive supervision to Upendo group

Afyaplus team along with board members who came to oversee the activities managed to conduct supportive supervision to Upendo group for the purpose of assessing how the group operate, and to check if the VSLA guideline is adhered or not.



Fig. 24: Afyaplus Board members and Afyaplus team conducting supportive supervision to Upendo group benefited from Improve 100 project

SUCCESS STORY FROM IMPROVE 100 BENEFICIARY COHORT 3

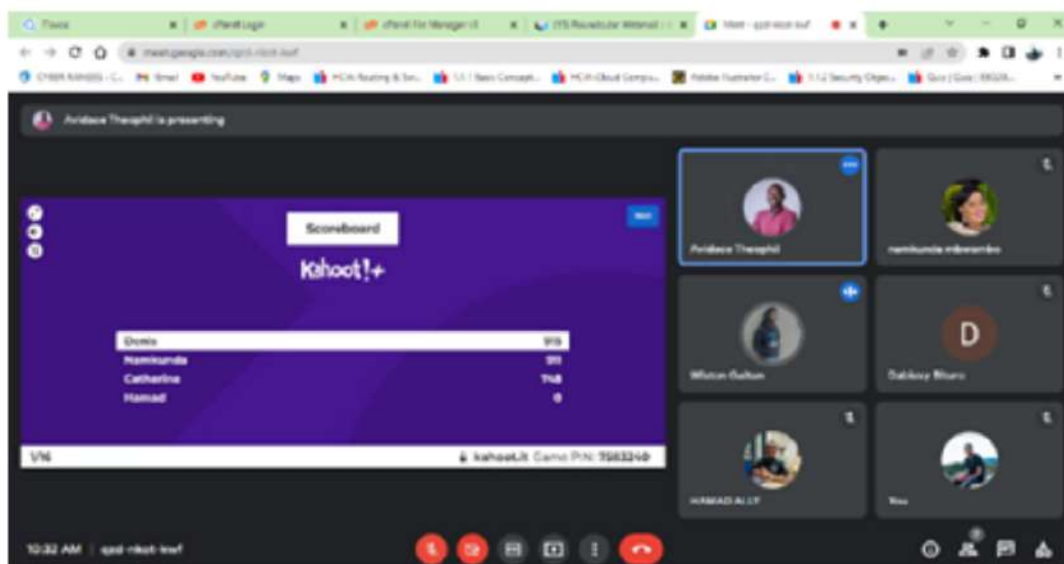


“Don't underestimate Small Humble Beginnings, because sometimes they can turn out to be the Greatest Success Stories. What I wanted was to be allowed to do the thing in the world that is my passion & I can do it best – which I believed then and believe now is the greatest privilege there is. When I did that, success found me; through Improve 100 training implemented by Afyaplus Org. I learnt different things such as mindset growth, MHM, SRH, nutrition, entrepreneurship & the VSLA groups. And through VSLA groups is where i managed to acquire loan of low interest and begin my business said Prisca”

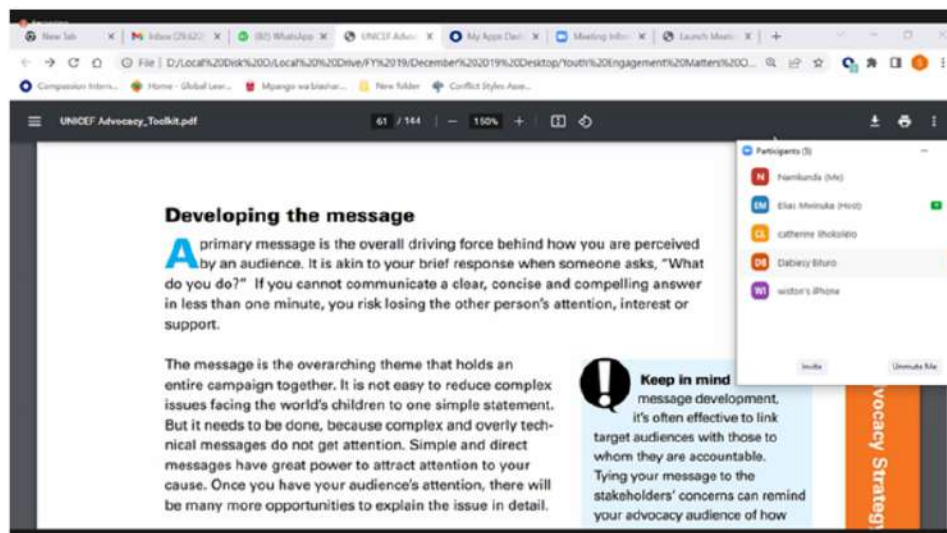
GOAL 3: AFYAPLUS ORGANIZATION CAPACITY IMPROVED.

1. Online capacity building.

In line with other activities, 7 members of Afyaplus organization were capacitated online on how to develop baseline tools, monitoring and evaluation sessions. The major aim of training was to strengthen staff capacity and effectiveness in the implementation of “The Safe pad lab project”.



This training was conducted by external trainers of Monitoring and Evaluation consultancies. Namely, Mr. Avidace and Rashid, the training was for five days and the team were capacitated on different aspect related to program which were M&E overview, selecting indicators, baseline and targets, Evaluation, framework of evaluation. Furthermore, Afyaplus organization has managed to conduct online training based on Online campaign and storytelling session.



Participants were capacitated on making objectives of campaign, identification of beneficiaries, communication modes of reaching out beneficiaries, impacts and goals for the campaign. Also, Afyaplus team members managed to submit the assignments which were given by the trainer.

Milestone achieved in this quarter

- i) During implementation of Afyaplus projects community, government leader and other stakeholders shows a good cooperation.
- ii) Managed to start implementation of the safe pad lab project in four districts of Iringa region.
- iii) Provision of training on menstrual hygiene management to 2431 students (1631 girls and 798 boys) to 17 schools of Iringa region.
- iv). Purchase of 20 machines and materials of 100 meters for making Reusable Sanitary pads at Jamii Afyaplus.
- v) Through Improve 100 project Afyaplus manage to formulate one group of Village savings and Loans Associations which will allow adolescent girls and young women aged 16-30 at Wenda Village, Iringa DC which will allow adolescent girls and women to access loans with low interest, save money and archive good financial returns.
- vi). Have managed mobilize resource internally and externally and submit 8 project proposal to different donors.
- vii). Manage to complete construction of 1 hand washing facility at Igumbilo primary school

Challenges

I. Interaction of sessions which leads to failure to reach all students as planned for-instance in schools of Mafinga Tc. Afyaplus has communicated with the respective schools for them to find a way to fix their timetable and share a timetable which will allow community-based trainers to conduct sessions at least once per week.

II. In-adequate rooms for initiating the safe pad labs initiation in some of the proposed schools which leads to changing of schools for labs. In future, there is a need to reconsider construction of rooms for lab initiation.

FINANCIAL UPDATES

BUDGET AND FUND RAISED

BUDGET FOR THIS QUARTER (Q3) - 40,538,308.06

FUND RAISED IN THIS QUARTER (Q3) - 34,942,764.79

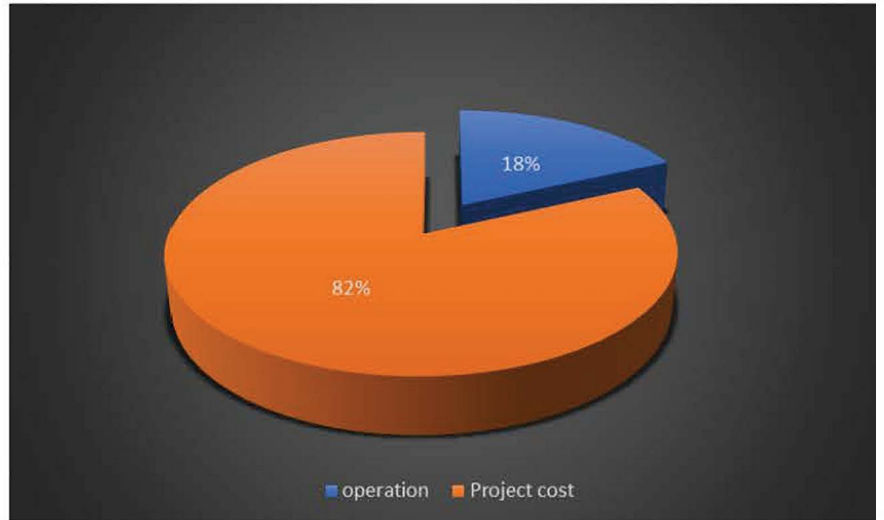
EXPENDITURE

OPERATION COST 7,216,624.06

PROJECT COST 32,571,684.00

TOTAL

EXPENDITURE 39,788,308.06



**FIG. 26 QUARTER 3
EXPENDITURES**